



Republic of Namibia

Ministry of Health and Social Services

**NATIONAL SURGICAL, OBSTETRIC,
AND ANAESTHESIA PLAN (NSOAP)**

2023/2024 – 2026/2027



REPUBLIC OF NAMIBIA
MINISTRY OF HEALTH AND SOCIAL SERVICES

NATIONAL SURGICAL, OBSTETRIC, AND ANAESTHESIA PLAN (NSOAP)

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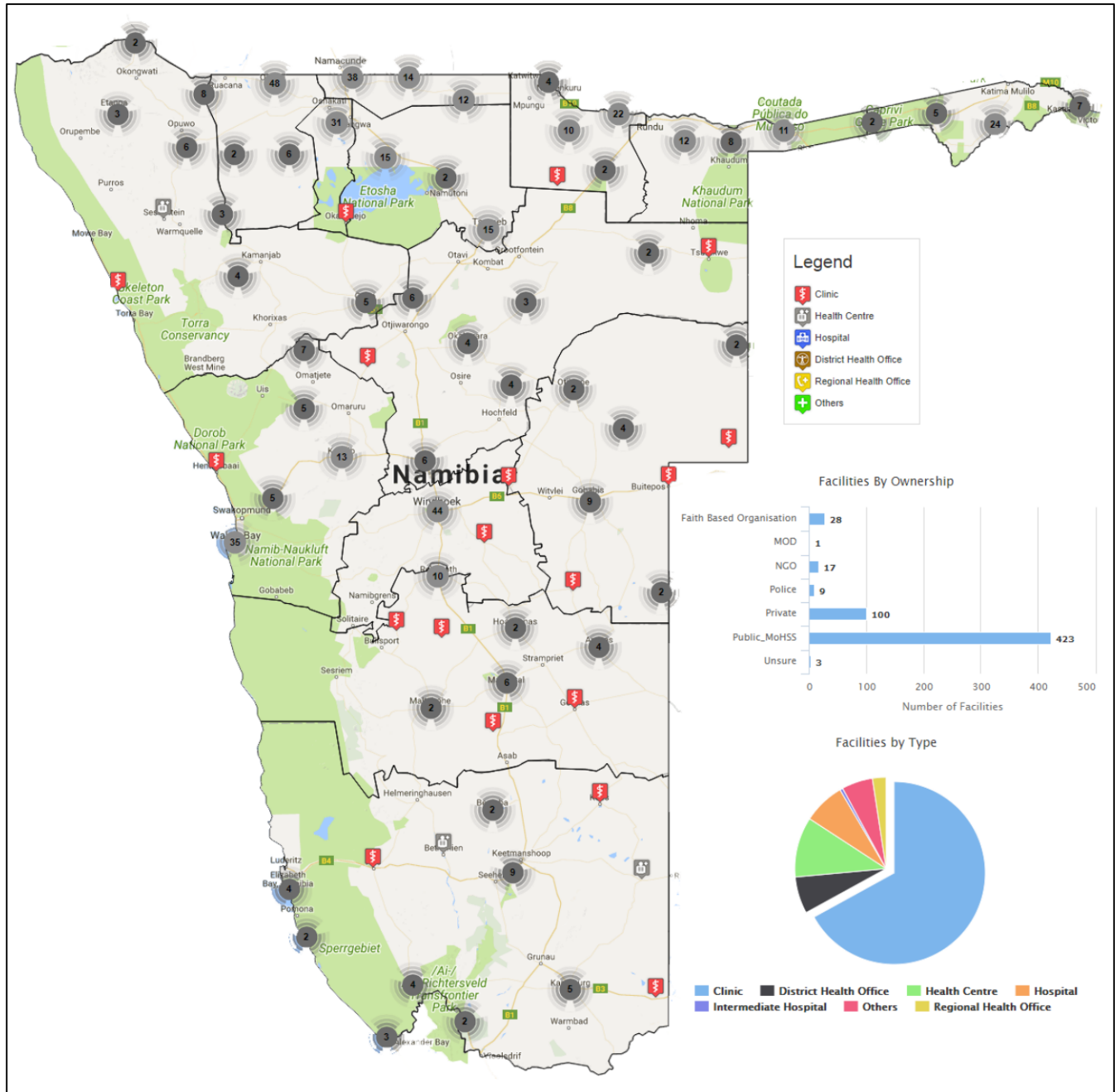
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MAP OF NAMIBIAN HEALTHCARE FACILITIES

FIGURE 1. 1: HEALTHCARE MAP OF THE REPUBLIC OF NAMIBIA



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The Ministry of Health and Social Services (MoHSS) of the Republic of Namibia acknowledges that this plan was developed through extensive consultation and reiterative processes with the support and participation of several local, regional and international partners.

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Special thanks go to SADC and the Wits Regional Collaboration Centre for Surgical Healthcare (WitSSurg): Prof. Emanuel Makasa, Dr Gabriella Hyman and the Harvard Programme in Global Surgery and Social Change (PGSSC) Prof Daniel Scott Corlew, Dr Hassan Daoud, Dr Rashi Jhunjhunwala, Dr Jennifer Hon and Dr Kate Isoken Obayagbona for technical support in developing the *NSOAP*.

For the full list of contributors and their respective contributions, please see Appendix A.



STATEMENT BY THE HONOURABLE MINISTER OF HEALTH AND SOCIAL SERVICES

It is my honour to introduce the National Surgical Obstetric and Anaesthesia Plan (NSOAP) for the period of 2023-2027. This comprehensive plan is the result of the collective efforts of various stakeholders, including healthcare professionals, policymakers and local as well as regional partners.

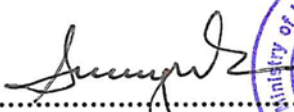
The NSOAP is a crucial step towards improving the health outcomes of our people, particularly in the area of surgical care, obstetrics and anaesthesia. Access to safe and affordable surgical and obstetric care is a fundamental right of every citizen and the plan seeks to ensure that this right is upheld for all Namibians.

The NSOAP is based on a people-centred approach, which means that the needs and priorities of our communities have been considered throughout the development of this plan. The plan recognises the importance of addressing the social determinants of health, such as poverty, gender inequality and lack of education, which have a significant impact on the health outcomes of our people.

The NSOAP includes a range of interventions, such as: the strengthening of health care systems, expansion of surgical and obstetric services, training of healthcare professionals and, furthermore, includes data systems improvement to monitor and evaluate progress. These interventions are in line with Sustainable Development Goals (SDGs) and the World Health Organization's (WHO) Global Surgery 2030 initiative.

I am confident that the implementation of this plan will lead to a significant improvement in the healthcare outcomes of our people, particularly in the areas of surgical, obstetric and anaesthetic care. However, the success of this plan depends on the collective efforts of all stakeholders, including government, civil society organisations, healthcare professionals and the community.

I would like to express my gratitude to all those who have contributed to the development of this plan, and look forward to working with all of you to ensure its successful implementation. The implementation of this plan will require the MoHSS and various development partners and stakeholders to allocate and invest the necessary human, material and financial resources. Together, we will achieve our shared goal of ensuring that every Namibian has access to safe, affordable and high-quality surgical and obstetric care.


.....
DR KALUMBI SHANGULA, MP
MINISTER



STATEMENT BY THE EXECUTIVE DIRECTOR OF HEALTH

The Namibian NSOAP outlines a strategy to tackle six key health system areas: surgical infrastructure and equipment, surgical service delivery and supplies, surgical workforce, surgical information management and quality improvement, surgical financing, and surgical system governance. Each domain broadly addresses complex surgical, obstetric and anaesthesia (SOA) problems caused by emergency, as well as essential surgical conditions like trauma and injury, cancer, childbirth complications and birth defects.

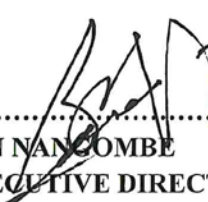
The NSOAP is not just a plan, but a commitment to our people to ensure that they receive the best possible care. As we embark on this journey, we recognise that there will be challenges and obstacles that we will have to overcome. However, we are committed to work together to overcome these challenges to ensure that the NSOAP is implemented successfully.

The COVID-19 pandemic has highlighted the importance of having strong and resilient health systems, and the NSOAP is a key part of building such systems in Namibia. We have seen the devastating impact that the pandemic had on our healthcare system, and we recognise the urgent need to invest in strengthening our healthcare systems to prepare for future pandemics and/or other emergencies.

The NSOAP is aligned with our national development priorities, as outlined in Namibia's Vision 2030 and National Development Plans. It identifies the important role that surgical and obstetric care plays in realising our national development goals; by reducing poverty, promoting gender equality and improving maternal and child health.

The MoHSS would like to emphasise that the NSOAP is not just a document that will sit on a shelf, but it is a living plan that will be implemented and monitored over the next five years. We are furthermore committed to ensuring that this plan is implemented with the requisite transparency and accountability, and that all stakeholders receive regular progress reports.

The MoHSS reiterates its commitment to the successful implementation of the NSOAP. I therefore call upon all stakeholders to work together in unison to ensure that every Namibian has access to safe, affordable, high-quality, surgical and obstetric care. Together, we can build a healthier and more prosperous Namibia for all.


.....
BEN NANKOMBE
EXECUTIVE DIRECTOR





LIST OF ABBREVIATIONS

| | |
|----------|--|
| ASOS | African surgical outcome study |
| AU | African Union |
| AIDS | Acquired immunodeficiency syndrome |
| CSSD | Central sterile services department |
| CAO | Chief administrative officer |
| CANECSA | College of Anaesthesiologists of East, Central and Southern Africa |
| CRN | Control registered nurse |
| COPD | Chronic Obstructive Pulmonary Disease |
| CEmONC | Comprehensive emergency obstetrics and neonatal care |
| CT | Computed tomography |
| CME | Continuous medical education |
| COVID-19 | Coronavirus disease |
| CPD | Continuing professional development |
| HIRD | Directorate of health information and research |
| DC | Direct cost |
| DALY | Disability adjusted life year |
| DCC | District coordination committee |
| DHIS2 | District health information software 2 |
| DH | District hospital |
| E ECO | emergency, critical and operative |
| EmONC | Emergency obstetric and new-born care |
| NDP5 | Fifth National Development Plan 5 |
| GP | General practitioner |
| GBD | Global burden of disease |
| HIMS | Health information management systems |
| HIS | Health information system |
| HIRD | Health Information Research Directorate |
| HPCNA | Health Professions Council of Namibia |
| HDU | High-dependency units |
| HMIC | High Middle Income Country |
| HIV | Human Immunodeficiency Virus |
| HR | Human Resources |
| IHME | Institute for Health Metrics and Evaluation |



| | |
|---------|--|
| ICU | Intensive care unit |
| Kids OR | Kids operating room |
| LCoGS | Lancet Commission on Global Surgery |
| LMIC | Low middle income country |
| MRI | Magnetic Resonance Imaging |
| MCH | Maternal and child health |
| MMR | Maternal mortality ratio |
| MoHSS | Ministry of Health and Social Services |
| MoWT | Ministry of Works and Transport |
| MO | Medical officer |
| M & E | Monitoring and evaluation |
| NIP | Namibia Institute of Pathology |
| NSOAP | Namibia National Surgical Anaesthetic and Obstetric Plan |
| NDP | National Development Plan |
| NHSP | National Health Strategic Plan |
| NHTC | National Health Training Centre |
| NQPS | National Quality Policy and Strategy |
| NSPs | Non-Specialist Providers |
| NCD | Non-Communicable Disease |
| NGO | Non-Governmental Organisation |
| OTs | Operating theatres |
| ORECs | Optimal Resources for Children's Surgery |
| OPPS | Out-of-pocket- payments |
| OPD | Out-patient department |
| POMR | Perioperative mortality rate |
| PPHRD | Policy Planning and Human Resource Development |
| PEPFAR | President`s Emergency Plan for AIDS Relief |
| PHC | Primary Health Care |
| PGSSC | Programme in Global Surgery and Social Change |
| PSA | Prostate specific antigens |
| PPP | Public-Private Partnership |
| QA | Quality Assurance |
| QAD | Quality Assurance Division |
| QI | Quality Improvement |
| RN | Registered Nurse |
| RTI | Road Traffic Injury |



| | |
|-----------------|--|
| SADC/WitSSurg - | Southern Africa Development Community's University of Witwatersrand Regional Collaboration Centre for Surgical Healthcare Improvement |
| SMO | Senior Medical Officer |
| SRN | Senior Registered Nurse |
| SADC | Southern African Development Community |
| SDG | Sustainable Development Goals |
| SOP | Standard operating procedure |
| SOs | Strategic Objectives |
| SWOT | Strengths, Weaknesses, Opportunities and Threats |
| SOA | Surgical, Obstetric and Anaesthesia |
| SOAD | Surgical, Obstetric and Anaesthesia Workforce Density |
| SSI | Surgical site infection |
| SDGs | Sustainable Development Goals |
| TSSV | Technical supervisory support visits |
| COSECSA | The College of Surgeons of East, Central and Southern Africa |
| ECSACOG | The East, Central and Southern Africa College of Obstetrics and Gynaecology |
| PEPFAR | The United States President's Emergency Plan for AIDS Relief |
| TB | Tuberculosis |
| UHC | United Health Care |
| UNICEF | United Nations Children's Fund |
| UNFPA | United Nations Population Fund |
| UCES | Universal coverage of essential surgery |
| UNAM | University of Namibia |
| VMMC | Voluntary Medical Male Circumcision |
| WCH | Windhoek Central Hospital |
| WitSSurg | Wits-SADC Regional Collaboration Centre for Surgical Healthcare |
| WISN | Workload Indicators of Staffing Needs |
| WHA | World Health Assembly |
| WFSA | World Federation of Societies of Anaesthesiologists |
| WHO | World Health Organization |
| WHO-PGSSC-SAT | World Health Organization-Programme for Global Surgery and Social Change - Surgical Assessment Tool |
| WHO-SAT | World Health Organisation Situation Analysis Tool |

EXECUTIVE SUMMARY

The Government of the Republic of Namibia acknowledges that equitable access to safe, surgical, obstetric and anaesthesia (SOA) healthcare is an all-important public health priority for Namibia's people. Namibia has made progress in achieving the Sustainable Development Goals - particularly in terms of decreasing maternal mortality and in managing communicable diseases such as HIV. However, population growth, dispersed rural populations, competing public health priority programmes, increasing neonatal deaths (as under-five deaths decreased), and the recent Covid-19 pandemic - made it difficult for government to provide equitable, high-quality emergency and SOA healthcare services to the entire Namibian population.

In response to the unacceptably high and unmet burden of surgical diseases that require emergency, critical and surgical care, the Ministry of Health and Social Services (MoHSS), in collaboration with regional and international partners, developed this NSOAP document. To this end, a task force led and coordinated by the MoHSS QAD provides custodianship for the NSOAP development and implementation process. Through inclusive consultations involving various stakeholders, healthcare professionals, and development partners, Namibia developed the NSOAP, which it plans to integrate into the broader, national health strategic plan.

The Namibian NSOAP is a modified approach for addressing the six major health system domains: surgical infrastructure and equipment, surgical service delivery and supplies, surgical workforce, surgical information management and quality improvement, surgical financing, and surgical system governance. Each domain broadly addresses the complex SOA problems caused by emergency and essential surgical conditions, inter alia; trauma and injury, cancer, childbirth complications, and surgical paediatric disorders. Policy harmonisation will be achieved through the NSOAP objectives and associated programmes' integration into the Namibia quality management policy (NQMP) 2021/2022-2025/2026. It is expected that the successful implementation and evaluation of this NSOAP will lead to overall healthcare systems strengthening in the Republic of Namibia.

The aim of this NSOAP 2023-2027 is to address challenges and improve access to safe and high-quality SOA health services for all Namibians. The document outlines a strategic framework whereby universal access to emergency as well as critical surgical care can be achieved for all Namibians. These objectives aim to and address the findings of the situational analysis carried out by the MoHSS in October 2021 using the World Health Organization's Surgical Assessment Tool (WHO-SAT).

To support and ensure the successful implementation of this plan, the MoHSS and its various development partners and stakeholders will allocate the necessary human, material and financial resources.

The plan is expected to be implemented in three phases:

- **Phase 1** (2022-2024): Health system and health facility SOA capacity baseline assessment, development of the NSOAP with an appropriate monitoring and evaluation (M&E) framework; establishment of the appropriate quality management (QM) structures for implementation.
- **Phase 2** (2024-2025): Model pilot implementation of the NSOAP; stakeholder feedback and mid-term review (i.e., M&E).
- **Phase 3** (2026-2027): Nation-wide upgrading, including planning for future strategies, and end-of-NSOAP framework review. Integration of NSOAP initiatives and outcomes into the National Health Strategic Plan.

The MoHSS will monitor and evaluate the implementation of the NSOAP in a reiterative process featuring continuous engagement with all partners. The NSOAP is an integrated national health policy providing a roadmap to guide the Namibian government in expediting its commitment to achieve universal health coverage for all citizens. Simultaneously, the requisite human resources will be cultivated to drive sustainable national development successfully.



CHAPTER 1:

NAMIBIA NATIONAL SURGICAL OBSTETRIC AND ANAESTHESIA PLAN OVERVIEW

1.1 Introduction

1.1.1. Global context

In 2015, the United Nation's 17 sustainable development goals (SDGs) were adopted by 193 member States, including the Republic of Namibia. The overall aims of the SDGs were to end poverty and ensure prosperity and well-being for all [1]. A core component for achieving the SDGs is to ensure universal health coverage (UHC). The SDGs emphasise the strengthening of sustainable health systems through capacity-building and collaboration to achieve UHC. As such, improving equitable access to timely, safe and appropriate, emergency and essential Surgery, Obstetrics and Anaesthesia (SOA) healthcare, including critical care, was confirmed as a critical component to realise UHC [1].

In May 2012, at the 68th World Health Assembly (WHA), World Health Organisation (WHO) Resolution WHA68.15, co-sponsored by the Republic of Namibia with other SADC member states, was adopted.

Resolution WHA68.15 states: "strengthening emergency and essential surgical care and anaesthesia as a component of UHC" [1]–[4]. This commitment was further re-reinforced in 2017 by WHO decision WHA70 (22) which affirms the need to collect robust data on emergency and essential surgical and anaesthesia care. The Government of the Republic of Namibia also co-sponsored WHO Decision WHA70 (22) and is therefore committed to bi-annual reporting, through the WHA, on the progress of country implementation of commitments as contained in resolution WHA68.15. Namibia was one of the first countries to initiate the NSOAP development process.

In addition to reinforcing the SDGs, WHA Resolution WHA68.15 is aligned with the findings published by two formative publications from 2015: the *Disease Control Priorities 3 (DCP-3)* and the Lancet Commission on Global Surgery (LCoGS) [5], [6]. DCP-3 was the first surgery-dedicated *Disease Control Priorities* volume to be published by the World Bank Group. It presented cost-effective strategies to address the global surgical disease burden.

The World Bank Group dedicated the first volume of the DCP-3 to "Essential Surgery" with the following key messages:

- Full provision of essential surgical procedures would prevent approximately 1.5 million deaths per annum, or about 6-7% of all preventable deaths in low- and middle-income countries.
- Essential surgical procedures rank among the most cost-effective of all health interventions. Twenty-eight of the 44 essential procedures would typically be delivered by the surgical platform of a first level (or district) hospital, making investment in this platform highly cost-effective.
- Effective and affordable measures (such as task sharing) have been shown to increase access to surgical care, while much needed investment is being made to expand capacity. As emergency procedures constitute 23 of the 28 provided on the DH surgical platform (six of 10 provided at community health centre level), such facilities must be widely distributed geographically.
- There are substantial disparities between countries at different economic levels in safety of surgical care (e.g., in perioperative mortality rates and anaesthesia-related deaths). The mortality rate from caesarean sections, for example, varies across countries by a factor of 80:1 or more. Feasible and affordable measures (such as the Surgical Safety Checklist) have been shown to improve safety and quality.
- Universal coverage of essential surgery (UCES) should be publicly financed early on the path to UHC, given that it is affordable and highly cost effective. There is a major public demand for surgical services that can reduce the burden of disease. We estimate that implementation of UCES would require about \$3 billion per year of annual spending over current levels and would have a benefit to cost ratio of over 10:1.

The LCoGS report named *Global Surgery 2030: evidence and solutions for achieving health, welfare, and economic development*, collected, collated and analysed cross-sectoral data and provided the first comprehensive description of the status of SOA healthcare globally [6]. Together, these formative publications provided the foundation for SOA healthcare to become a core component of the global health agenda.

The LCoGS report demonstrated that clinical conditions requiring SOA healthcare contribute to approximately one-third of the global disease burden. Yet, more than two-thirds of the world's population lack access to safe, timely, affordable SOA healthcare [5]–[7]. At least a quarter of the patients receiving surgery become financially impoverished as a result of direct and indirect costs. Additionally, economic losses from the burden of surgical illness amounts to approximately 2% of GDP in low- and middle-income countries (LMICs) by 2030 (Debas et al., 2015; Institute for Health Metrics and Evaluation (IHME), 2018; Meara et al., 2015). Inequitable access to high-quality surgical care disproportionately affects LMICs like Namibia. Access to safe surgery is an indivisible component of UHC - a fundamental goal of the Namibian Government's health agenda [8].

Despite the demonstrated global burden of surgical disease, SOA healthcare remains under-represented in global health policy. The NSOAP was proposed by LCoGS to serve as the unifying policy framework whereby universal coverage of essential surgery (UCES) could be achieved [3], [5], [6]. The NSOAP presents a strategic framework for establishing resilient surgical systems across six essential domains: (1) infrastructure; (2) workforce; (3) service delivery; (4) information management, (5) financing and (6) governance. Through the support of various multilateral organisations, NSOAPs are facilitating the necessary health systems strengthening to deliver high-quality SOA healthcare to the world's population (Meara et al., 2015; Ministry of Health and Social Services, 2021; Ministry of Health, 2018; NSOAP Zambia, 2017; UNITAR, 2020).

LCoGS further recommended six pragmatic, comparable indicators to measure and evaluate access to, and quality of, SOA healthcare. More recently, the latter two indicators (see below) have been combined, and the methods for metric collection and comparison refined through an Utstein Consensus report [6], [12] anaesthesia, and obstetric (SAO). These five LCoGS indicators and their recommended targets are:

- i. Access to timely essential surgery (within two hours) - *geospatial access*: the proportion of a country's population with geographic access (within two hours) to a facility capable of providing surgical and anaesthetic care for the Bellwether procedures (caesarean section, laparotomy, and surgical management of open long-bone fracture) [12]. [12]. The capacity to deliver Bellwether procedures represents the facility's minimum capacity to provide essential SOA care [6], [13].

Target: 80% coverage of essential SAO care by 2030.

- ii. Surgical, anaesthesia and obstetric (SAO) provider workforce density (SAOD) - *workforce*: the number of specialist surgical, anaesthetic and obstetric providers, who are actively practicing, per 100,000 of the population [12].

Target: at least 20 SAO providers per 100,000 population by 2030.

- iii. Surgical case volume: the number of procedures, performed in an operating theatre, using any form of anaesthesia, per 100,000 population per year.

Target: minimum of 5,000 procedures per 100,000 population by 2030.

- iv. Perioperative mortality rate (POMR): deaths from all causes, before discharge (up to 30 days), in all patients who have received any anaesthesia for a procedure done in an operating theatre, divided by the total number of procedures, per year, expressed as a percentage [12]. This is the proposed quality metric for evaluating the quality of SOA care in terms of case volume and SAOD [6], [14].

Target: routine tracking of POMR by 2030 at all facilities.

- v. Risk of catastrophic expenditure for surgical care - financial risk protection: the percentage of the population at risk of catastrophic expenditure if they were to acquire a surgical procedure [12].



Target: 100% protection against impoverishment from out-of-pocket payments by 2030.

While various research studies and analyses have emerged since the initial LCoGS publication that suggest potential modifications/adjustments for these indicators, these indicators provide a general guide for measuring tangible NSOAP goals. The original LCoGS indicators are incorporated in all NSOAPs to date including those adopted in: Ethiopia, Nigeria, Tanzania, Rwanda, and Zambia [10], [10], [11], [15]–[17]. The NSOAP framework allows for the translation of academic research into pragmatic policy in a way that has transformed surgical care health policies.

Globally, various countries, across diverse regions, have committed to and adopted the NSOAP framework. These countries have adapted the framework based on local needs and government structure. Despite variations in specific approaches, this framework prioritises the coordination of local champions, key stakeholders, as well as regional and international partners [3].

1.1.2. NSOAP in the Southern African Development Community (SADC) region

SADC was established to achieve the requisite socioeconomic development to improve the standard of living and quality of life of the people in southern Africa through integration and regional collaboration [18], [19]. The SADC Treaty was adopted in Windhoek, Namibia, in 1992. This treaty led to renewed efforts to fight shared political, economic and social challenges on both a local and regional level. Of the six countries in Sub-Saharan Africa that have adopted an NSOAP, three are SADC Member States: United Republic of Tanzania, the Republic of Zambia and Zimbabwe. Sixteen SADC Member States at the Joint Meeting of SADC Ministers of Health and Ministers responsible for HIV/AIDS, in 2018 and 2019, adopted decisions one and twenty-one on “Strengthening Emergency and Essential Surgical Obstetrics and Anaesthesia Care as a Component of Universal Health Coverage” under the leadership of the Republic of Namibia. This echoes the 2015 global political commitment to SOA care as contained in WHO Resolution WHA68.15. These actions reinforce the SADC resolution to prioritise surgical care as a fundamental component of the regional health strategy [19].

1.1.3. Covid-19 pandemic and essential surgery

The Covid-19 pandemic disrupted routine health service delivery globally [20], [20]. Health systems in middle income countries (MICs), such as those in the SADC region, were particularly at risk and subsequently severely affected. Surgical services were disproportionately affected by the pandemic. This was largely due to increased pressure placed on existing healthcare resources by the pandemic; the re-allocation of scarce funding and resources towards the Covid-19 response; the re-allocation of the surgical workforce and infrastructure, tools and equipment, towards Covid-19 response; the effects of lockdown on acute, chronic and indolent surgical disease presentation and management; and changes in health-seeking behaviour among the population [20], [20].

A major consequence of the redistribution of SOA resources was the cancellation of essential elective surgeries. It is estimated that approximately 497 operations were cancelled every week from the start of the pandemic in Namibia [20]. This resulted in a significant surgical backlog in Namibia. Delaying essential elective surgery (such as cancer surgery) led to an additional burden on the Namibian healthcare system and unnecessary morbidity and mortality levels.

While surgical care was negatively affected by the pandemic, the value of resilient surgical systems was highlighted. SOA units contributed systems expertise, health workforce and critical care experience to the Covid response. The Covid-19 pandemic not only exposed an urgent need for strengthening surgical health systems, but presented a unique opportunity to improve critical, emergency and SOA care in a collaborative and integrated way.

1.1.4. Critical and emergency care integration

SOA care serves as a definitive management strategy for most, or at least many, ill or injured patients that need assistance from emergency and critical care systems. The role of SOA care in conjunction with the resuscitation, stabilisation, optimisation and peri-operative care of critically ill patients is essential. Thus, the integration of emergency and critical care strategies into the Namibia NSOAP framework will: facilitate early recognition and triage of emergency, critically ill and/or injured patients; facilitate early stabilisation and prompt, appropriate referral of SOA patients and, facilitate the streamlined allocation of scarce resources for the diagnosis, monitoring and management of SOA among critically ill patients.

In order to integrate critical care service provision across all levels of care, in the NSOAP plan, there is a need for careful consideration and developing consensus around the levels of critical care and subsequent service delivery. Critical care encompasses a spectrum of surveillance for critically ill patients from enhanced in-ward surveillance, to high-dependency units (HDU) (where intermediate high care and possibly single organ support is provided), to intensive care units (ICU) (where multi-organ support in response to significant physiological derangement is provided)[21].

This streamlined integration was successful during the Covid-19 response in Namibia. During the pandemic, the Government of Namibia, through partnerships with non-governmental organisations (NGOs), multilateral organisations (such as the WHO) and local partners, was able to address the following major essential emergency, critical and operative (ECO) and SOA care shortages:

- *Lack of sustainable, stable oxygen supply:* sustainable investments and donations were made to facilitate building oxygen plants to ensure adequate oxygen supplies.
- *Inadequate critical care capacity:* new critical care units have been established throughout Namibia so that now, almost all hospitals in Namibia have critical care staff, equipment (such as ventilators) and supplies.

As the Covid-19 pandemic subsides, these resources continue to be shared among all patients in need, particularly those requiring SOA healthcare. While the pandemic led to direct and indirect health system and infrastructure gains, the strain the Covid-19 pandemic placed on surgical healthcare accentuated the need to strengthen national SOA healthcare capacity and develop a more robust healthcare system through this endeavour.

1.1.5. NSOAP in Namibia

The Namibian government has a demonstrated a long-standing commitment to developing a plan for SAO care to become part of the National Health Strategic Plan (NHSP). In 2018, the process of developing NSOAP in Namibia was initiated, with the first situational analysis conducted in December 2018 and its findings presented to the MoHSS in January 2019. Unfortunately, the initial NSOAP development process was subsequently disrupted by the COVID-19 pandemic. However, through partnerships with local, regional and international stakeholders, a renewed commitment to NSOAP development was established with an NSOAP stakeholder engagement meeting held in November 2021 in Windhoek [9].

In preparation for the stakeholder meeting, an updated situational analysis was carried out by the MoHSS in October 2021. This followed Circular No 82 of 2021 issued by the MoHSS QAD to all regional health coordinators. The situational analysis was conducted using the WHO programme for global surgery and social change - surgical assessment tool (WHO-PGSSC-SAT or WHO-SAT) at 29 facilities from both public and private sectors, across all levels of care. The findings from this updated assessment provided relevant information for the current NSOAP document. The baseline assessment allows for ongoing evaluation of the various recommended LCoGS indicators presented throughout the plan.

The development of the Namibia NSOAP was driven by a taskforce coordinated by the MoHSS QAD. The plan's development included engagement with local, regional and international stakeholders, a representative group of health cadres, and various development partners.



- ## 1.2 Country background

The Republic of Namibia covers an area of 824,292 square kilometres and is one of the largest countries in Sub-Saharan Africa. Namibia borders the South Atlantic Ocean in the west and five other countries: Angola and Zambia in the north, Zimbabwe and Botswana in the east and South Africa in the south. Namibia was the last country in Southern Africa to become a republic when it gained independence from South Africa on 21 March 1990, and has been a peaceful democracy ever since [22].

1.2.2. Socioeconomic overview

While The World Bank classifies Namibia as a high middle income country (HMIC), Namibia has one of the world's highest income disparities (Gini coefficient 0.61) and an unemployment rate of 33% [22]. Economic growth in Namibia has declined from an annual GDP growth of 1.06% in 2018 to 8.5% in 2020. Income inequalities reflect inequitable access to and provision of essential health services as well as the risk of impoverishment that individuals face when accessing health services. In order to address healthcare disparities, Namibia has developed and adopted numerous healthcare policies and initiatives.

Namibia's fifth National Development Plan (NDP5) for 2017-2022 aims to provide access to quality healthcare for its population. The MoHSS identified three strategic pillars for the healthcare sector: (i) improving people's well-being; (ii) operational excellence; and (iii) talent management. Improving the management and outcomes of maternal, new born and child health, HIV, tuberculosis and non-communicable diseases emerged as key priorities for achieving the "people's well-being". SOA care is an indivisible component of addressing these health priorities.

The MoHSS's QAD recently published the National Quality Policy and Strategy (NQPS) 2021/2022 to 2025/2026 - to support efforts by the MoHSS to provide high quality healthcare and social services sustainably [8], [24]. The NQPS aims to provide a shared framework for stakeholders, streamline initiatives, mobilise resources frugally, and implement programmes pragmatically across all sectors of healthcare and social services. The NSOAP is aligned with, and reinforces the NQPS's goals and priorities. These strategic plans evaluate and improve global socio-economic metrics (Table 1) and global health standards indicators (Table 3). The NQPS specifically identifies quality care targets related to surgical care. This reinforces the relationship between the NQPS and NSOAP strategic objectives.

Table 1: Demographic and socio-economic indicators for Namibia (2020)

| Indicator | Status | Source |
|---------------------------------------|--------------------------|-------------------|
| Population | 2.54 million | World Bank (2020) |
| Sex ratio (males to females) | 0.94 | World Bank (2020) |
| Average annual population growth rate | 1.86% | World Bank (2020) |
| Life expectancy at birth | 64 years | World Bank (2020) |
| Population under 15 years | 936 105 people (36.84%) | World Bank (2020) |
| Urban population | 1.3 million | World Bank (2020) |
| Population density | 3.1 people per square km | World Bank (2020) |
| Poverty level | 28.7% | World Bank (2020) |
| GDP per capita | \$9298.00 | World Bank (2020) |

1.2.3. Health system organisation and structure

The Namibian healthcare system reflects a complex social, political and economic history. Health inequalities in Namibia transcend the public and private sectors, reflecting a historic, persistent, racial/ethnic divide. However, The Government of Namibia has made significant progress in integrating racially divided communities and regions into one healthcare system. Within a few years of establishing an independent republic, the national leadership at the MoHSS began changing to a decentralised healthcare system that prioritised primary healthcare (PHC) [8], [22]. Many of the public health gains outlined above, reflect this change.

Namibia has a dual healthcare system consisting of both private and public sectors. The public sector is predominantly funded by the Government of Namibia and serves the majority of the population. Public health services are utilised by 85% of the population, while the private health sector provides services for a mere 15% of the population [25]. The private sector is funded by private medical aid funds since there is no national health insurance scheme. Despite this dual system, the government reimburses the private sector for services provided to state patients where the service is not available in the public sector.

Namibia has developed a vast healthcare system to meet the needs of a geographically dispersed populace. This requires coordination across different administrative bodies and sectors. This exercise in ensuring access to health service outposts, requires a large and costly healthcare workforce. Although the Namibian government aims to spend 15% of its GDP on healthcare, Namibia only spent about 8.6% of its GDP on healthcare in 2017. Funding from donors has declined since Namibia's reclassification in 2009 as an upper-middle-income country[22], [25]. In 2008, donors funded 22% of the country's healthcare needs, while in 2017, donors funded only 7% of Namibia's healthcare costs. Most of the government's health sector spending is directed at tertiary services.

The health system in Namibia focuses mainly on hospital-based and curative services with most of the infrastructure and service-points concentrated in urban areas. The public health sector is structured in a three-tier hierarchy with national (level 3), regional (level 2), and district (level 1) levels of care. In 2018, the public health sector consisted of 373 health facilities with a total of 7,551 beds. The composition of public sector hospitals was as follows: one referral hospital, four intermediate hospitals, 30 district hospitals (DHs), 47 health centres, and 291 clinics. In addition, there are 1,150 outreach points. The private sector has 101 health facilities that offer 1,144 beds to the insured population.

Community-based preventative and curative services are provided at outreach points, clinics, and health centres. A few health centres are equipped to admit patients and provide minor surgical procedures. Health centres are equipped to screen for certain surgical and obstetric diseases and acutely manage certain types of injuries. DHs provide medical and surgical services for patients referred from lower-level facilities. Intermediate hospitals provide more specialised medical and surgical care, while national referral hospitals are capable of offering more advanced



medical and surgical care. Thus, the Namibian health system is structured so that SOA care should be provided, at different levels of complexity by healthcare workers with varying levels of expertise, across all levels of hospital care.

Currently, the majority of SOA expenditure occurs at level two and three hospitals. This reflects the distribution of SOA service delivery and service utilisation. In order to achieve the NSOAP's objectives, SOA services need to be decentralised, which will facilitate sustainable improvement in SOA service delivery. Thus, the NSOAP provides an opportunity for much-needed strengthening of DHs.

1.2.3.1 Private sector referrals and public-private partnerships

According to the situational analysis, all participating hospitals have the capacity to refer patients. Expenditure on referrals is mostly for:

- Essential general surgery
- Essential orthopaedics
- Essential obstetrics and gynaecology
- Radiology/imaging services
- Special medication and medical treatment
- Critical care services
- Staffing

1.2.4. Health workforce

In 2018, an assessment of Namibia's medical workforce density in the public sector showed that there were 0.33 physicians for 1,000 people, with 2.02 nurses for 1,000 people. The medical workforce is not evenly distributed across different regions, with the majority of the healthcare workforce concentrated around the major cities and in the private sector (Figures 2.1, 2.2, 2.3). The unequal distribution of the healthcare workforce constantly fluctuates between regions and facilities. Health workforce migration is largely due to changes in training opportunities and in the healthcare needs of various regions. Moreover, a large portion of the healthcare workforce work in the private sector. One-third of all physicians, two-thirds of pharmacists, and about 20% of nurses work in the private sector. In terms of SOA workforce density (SOAD), there are approximately 1.87 surgeons, 1.47 obstetricians and gynaecologists, and 0.68 anaesthetists per 100,000 of the population according to the most recent situational analysis.

A shortage of healthcare cadres in the workforce poses a challenge to meeting the growing healthcare demands of the population. Furthermore, gaps in supply chain management and auxiliary and management staff means that the public sector is often unable to respond to all healthcare needs. This is particularly true for SOA care [24]. Some progress has been made in addressing workforce, equipment and infrastructure shortages in the public sector through the public-private partnerships (PPP). The PPP model increases the private sector's contribution to the provision of healthcare services, with reimbursement from the government. However, PPPs pose a threat to specialist staff retention in the public sector and may thus lead to delayed equipment and supply procurement or maintenance. This would lead to continuous limitations regarding SOA capacity in Namibia. Thus, the strategy requires careful monitoring and regulation to ensure that healthcare system challenges in the public are neither ignored nor exacerbated by the opportunities brought about by PPPs. The Namibia NSOAP aims to integrate PPPs in a sustainable and mutually beneficial way so that the population of Namibia have improved access to quality SOA and ECO care.

1.2.5. SOA care initiatives in Namibia

Several existing MoHSS initiatives and institutions contribute to improving the quality of SOA healthcare services. These include:

- *Namibia Medicines Regulatory Council* - registers and monitors the quality of medication and preparations
- *Health Professions Council of Namibia (HPCNA)* - regulates training and registration of healthcare professionals throughout the country
- *Atomic Energy and Radiation Protection Authority* - protects the population and environment from the harmful effects of radiation
- *Health Facilities Regulation* - handles the registration and licensing of all private healthcare facilities in the country

Policies and guidelines created by the MoHSS for healthcare workers aimed at improving the quality SOA services include:

- National Quality Management Policy and Strategy (2021)
- Hospital and Primary Healthcare Facility Standards (2021)
- Operation Theatre Manual (2015)
- Infection prevention and control (IPC) guidelines (2015)
- Central Sterile Services Department guidelines (2015)
- Phlebotomy guidelines (2015)
- Standard treatment guidelines (2021)
- Standard operating procedures for common causes of maternal mortality and morbidity
- Post-exposure prophylaxis guidelines (2011)
- National Waste Management Policy and Integrated Health Care Waste Management Plan (2012)

To meet the sustainable development goals (SDGs) in Namibia, strategies focusing on improving health outcomes related to emergency, critical and surgical healthcare services are needed. Thus, the Namibia NSOAP will provide a framework for the planning, delivery and management of equitable, safe, and quality emergency, critical, and surgical care with SOA services, across all levels of the healthcare delivery system in the Republic of Namibia.

1.2.6. Disease burden and trends

1.2.6.1. Overview

The burden of disease in Namibia is complex and high. Namibia has a quadruple burden of disease consisting of communicable diseases, maternal and child health, non-communicable diseases (NCDs) and trauma and injuries (Table 2). SOA care is used in the diagnosis, treatment and palliation of all these disease categories. As life expectancy increases and the overall diagnosis and management of NCDs increase, the prevalence (and subsequent health system burden) of NCDs increases as well.

The health outcomes in Namibia were historically poor and reflect income inequalities and unequal access to health services. As the economy has become more robust, and access to quality services improved, most health outcomes improved as well. Many disease entities contributing to leading causes of mortality in Namibia require SOA care to manage morbidity and/or treat the disease definitively. For example, diabetic foot sepsis requires surgical management to achieve source control.



An approximation of the burden of surgical disease is difficult when using the existing global burden of disease (GBD) data. This is because surgical diseases transcend multiple GBD entities. In Namibia, the estimation of the burden of surgical disease is rendered more difficult through lack of comprehensive, accurate record-keeping and reporting. The approximation of the burden of surgical disease is important for a meaningful interpretation of surgical service provision [7], [25], [26].

Table 2: Leading causes of death in Namibia (2009-2019)

| Cause of Death (rank) | Disease | Disease Category | % change 2009-2019 |
|-----------------------|-----------------------------------|--|--------------------|
| 1 | HIV/AIDS | Communicable, maternal, neonatal and nutritional | -31.3% |
| 2 | Stroke | Non-communicable disease | 13.1% |
| 3 | Lower respiratory tract infection | Communicable, maternal, neonatal and nutritional | -0.6% |
| 4 | Ischaemic heart disease | Non-communicable disease | 22.3% |
| 5 | Neonatal disorders | Communicable, maternal, neonatal and nutritional | -16.2% |
| 6 | Tuberculosis | Communicable, maternal, neonatal and nutritional | -28.7% |
| 7 | Diabetes | Non-communicable disease | 21.2% |
| 8 | Diarrhoeal disease | Communicable, maternal, neonatal and nutritional | -22.7% |
| 9 | Road accident injuries | Injuries | 7.1% |
| 10 | COPD | Non-communicable disease | 9.3% |

1.2.6.2. Spectrum of surgical disease

Accurate estimates of the global burden of surgical disease and surgical needs are deficient - particularly in the context of LMICs and HMICs. The need for SOA care cuts across multiple disease categories including non-communicable disease (also definitive and palliative treatment of cancers, diabetes mellitus, cardiovascular and respiratory disease), communicable diseases (and their sequelae), trauma and injury [6], [7], [27], [28].

However, owing to the lack of existing data in countries such as Namibia, it is difficult to provide comprehensive insight into the burden of need. The NSOAP will, however, facilitate the necessary research infrastructure and health information system reinforcement to monitor and evaluate the burden of SOA needs, on a continuous basis. SOA care transcends the traditional siloed approach to disease prevention, treatment and cure, and provides dynamic opportunities for comprehensive healthcare system reinforcement.

The areas of SOA needs requiring prioritisation are (i) trauma and injury, (ii) emergency surgery, (iii) cancer surgery, (iv) obstetric and comprehensive emergency obstetrics and neonatal care (CEmONC), and (v) children's surgery.

(i) Trauma and Injury

Globally, mortality due to trauma and injury decreased over the past 20 years [29], [30]. However, the burden of need and morbidity due to trauma and injury continued to increase [29]. The spectrum of trauma and injury varies

between different regions. In Namibia, it is predictable that the major sources of trauma and injury are road traffic injuries (RTIs), occupational injuries (such as in mining), burns and heat-related injuries, and interpersonal violence. Sex differentials suggest men experience a significant higher burden than women, from injury disability-adjusted life year (DALYs). This has detrimental socio-economic effects on the household and national economy, as most of the workforce in Namibia is male.

Evaluating the burden of trauma and injury is complex. Cross-sectoral interventions are necessary to decrease the burden of trauma and injury. In order to improve trauma and injury related health outcomes, robust emergency and critical care services are required. Early stabilisation and the appropriate referral of a trauma patient is crucial, even when actual operative intervention is not required for definitive management. Furthermore, engagement with existing trauma registries (such as those coordinated by the WHO) would further strengthen information systems across healthcare sectors in Namibia.

(ii) Emergency Surgery

Non-trauma, non-oncological surgical conditions likely contribute a sizeable share of hospital admissions (and a large part of surgical admissions) in Namibia. Emergency general surgical conditions most frequently include acute abdomen, appendicitis and abscesses that require in-hospital surgical management. According to the African surgical outcome study (ASOS) of 2018, of the 325 surgical patients from Namibia included in the study, there was a 3.7% post-operative mortality, 4.3% required post-operative critical care admission and 18.3% developed post-operative complications [31]. While this study is not authorised to make national inferences about surgical outcomes, it nevertheless suggests that in order to improve surgical outcomes, investment in critical care resources need to be directed at theatre optimisation, healthcare workforce capacity and improving infrastructure as well as supplies.

(iii) Cancer Surgery

Surgical care is necessary for approximately 65% of all cancer cure or control [6]. According to the global burden of disease (GBD) study 2019, there has been a 26.3% global increase in new cancer cases since 2010, a 20.9% increase in deaths due to cancer, and a 16.0% increase in DALYs due to cancer [26]. This suggests that not only is the global burden of cancer increasing, but also its corresponding necessity for operative cancer care. According to Global Cancer Incidence, Mortality and Prevalence (GLOBOCAN) 2020, the number of incident cases for 2020 was 3345 cases while the 5-year prevalent was 7463 for both sexes. The most common new cases of cancer for both sexes are breast (16.7%), cervical (11.2%) and prostate (10.3%). The sex-specific distribution for males consist of prostate (23.8%), Kaposi's Sarcoma (12.6%) and Non-Hodgkin's Lymphoma (4.5%), and for females breast (29.3%), cervical (19.7%) and Kaposi Sarcoma (4.7%) [32], [33].

In order to achieve equitable cancer care and outcomes, improving healthcare infrastructure as well as its surveillance and response systems is necessary across all levels of care, in order to ensure adequate screening, diagnosis and the multi-disciplinary management of cancer.

(iv) Obstetric and Comprehensive Emergency Obstetric and Neonatal Care services (CEmONC) Surgery -

The surgical management of obstetrics is a fundamental component of achieving the safe CEmONC care necessary to decrease avoidable maternal and neonatal mortality. A recent study showed that of 37,106 live births, 23 maternal deaths and 298 near-misses occurred. The most common causes of near miss and death are haemorrhage and hypertensive disorders - both of which often require emergency SOA care [34]. The provision of appropriate obstetric and CEmONC care will thus lead to improved antenatal care, surgical, anaesthetic and obstetric workforce and capacity, improved equipment and supplies (such as blood products) and improved referral pathways.



Obstetric surgery also includes the comprehensive management of morbidities that result from complicated delivery (such as obstructed labour). Almost 20 years have passed since the United Nations Population Fund (UNPFA) campaign to “End Fistula” was launched, yet significant health gaps remain. While insufficient data is available to estimate the burden of obstetric fistula in Namibia, a study from 2014 suggests that only 19 facilities in Namibia have the capacity to repair obstetric fistula [35].

1.2.6.3. Health indicators

Significant progress has been made in improving health outcomes. Several global health indicators reflect this progress: maternal mortality, ratio, infant mortality ratio, under-5 mortality and HIV incidence have all improved over the past five years (Table 3)[25], [36]. Several data collection initiatives coordinated by the MoHSS Directorate of Health Information and Research (HIRD) and QAD have facilitated the tracking of these health trends in Namibia.

While progress has been made in reporting and improving key global health indicators, global SOA indicators have not previously been collected or reported in Namibia, or on a global scale. The incorporation of routine reporting and surveillance of SOA-related outcomes such as perioperative mortality rate (POMR) and surgical site infection (SSI) into routine health indicator reporting systems, is crucial for ensuring that high quality SOA care is delivered through this NSOAP. This NSOAP reports global SOA indicators for Namibia for the first time and provides a strategy for the routine collection and reporting of these indicators.

Table 3: Global health indicators for Namibia

| Indicator | Status | 5-year trend (2015-2020) | Source |
|--------------------------|--------------------------------------|---------------------------|-------------------|
| Maternal mortality ratio | 195 per 100,000 live births | 217 (2015) - 195 (2020) | World Bank (2017) |
| Infant mortality ratio | 30 per 1,000 live births | 33 (2015) - 30 (2020) | World Bank (2020) |
| Under-5 mortality rate | 40 per 1,000 live births | 47 (2015) - 40 (2020) | World Bank (2020) |
| HIV incidence | 2.44 per 1,000 uninfected population | 4.11 (2015) - 2.44 (2020) | World Bank (2020) |

1.2.6.4. SDGs met through addressing surgical care

The WHO called on member states to prioritise emergency, critical, trauma and surgical care, to help achieve SDGs. The following SDGs can be achieved through strengthening SOA and ECO care capacity and quality.

- Reduction in death and disability due to road traffic injuries and NCDs (SDG 3.6): *improving pre-hospital care, emergency and surgical treatment; as well as strengthening ICU capacity, surgical and diagnostic services*
- Reduction in death and disability due to NCDs (SDG 3.4.1): *strengthen surgical services for definitive NCD management, management of morbidity and palliative care*
- Reduce the maternal mortality ratio (MMR) (SDG 3.1): *treatment for early detection and management of obstetric emergencies (CEmONC care)*
- Scaling up the health workforce (SDG 3C): *training of SOA workforce; PPP strategies*
- Decent work and economic growth (SDG 1, 8): *protection from DALYs due to surgical disease; financial risk protection*
- Ensuring UHC (SDG 3.8.1)

1.2.7. Children's surgery

1.2.7.1. Overview

Of the 4.8 billion people without access to essential surgical care globally, 1.7 billion are children and adolescents [6]. It is estimated, that a child born in Sub-Saharan Africa has an 85% risk of requiring surgical care by the age of 15 [6], [37]. Improving surgical care for children will lead to a reduction in morbidity and mortality caused by several common conditions affecting children, such as: congenital anomalies; trauma, injury and burns; cancer; and general surgical emergencies[30], [37]. Furthermore, children requiring surgical care may require critical care services at some point in their management. These are resources that can be shared and repurposed for a variety of disease entities threatening child health. Thus, surgical care plays a critical role in improving child health.

In Namibia, 36% of the population are 0-14 years old [22], [25]. The paediatric population often have unique emergency, critical, surgical, anaesthetic and obstetric care needs in perioperative and post-operative periods. Only three certified paediatric surgeons work in Namibia with only one newly dedicated operating theatre designated for children's surgery. While many of the resources and skills required to manage paediatric surgical conditions are common to those required for managing adult emergency, critical and SOA care conditions, the current capacity of the health system is sub-optimal for managing the burden of children's surgical care needs. Holistic capacity-building is required to incorporate children's surgical care into the Namibia NSOAP and allocation of appropriate resources (human, financial and infrastructural) towards children's surgery.

1.2.7.2. Spectrum of children's surgical disease

Over the last two decades, there has been a change in the aetiology of deaths for children under five years of age, globally. There has been a decline in deaths caused by infectious diseases and an increase in the burden of deaths caused by non-communicable diseases such as (i) congenital anomalies, (ii) childhood cancer and (iii) trauma, injury and burns [7], [25], [37].

(i) Congenital Anomalies

Congenital anomalies are the fifth leading cause of death of children under five years of age. They affect 3-6% of global live births. In LMICs and HMICs (like Namibia), the high prevalence of congenital anomalies is likely due to greater maternal exposure to micronutrient deficiencies and teratogens, intrauterine infections and low termination rates due to limited antenatal diagnosis [37]. According the WHO, in 2018, congenital anomaly deaths in Namibia contributed to 1.65% (289) of total deaths [38].

Surgically correctable congenital anomalies contribute to the burden of morbidity and mortality in children, adolescents and adults. Reducing the burden of congenital anomalies require a comprehensive strategy that addresses the following:

- Improved antenatal screening, integration with antenatal care programmes/strategies and planned deliveries at facilities offering appropriate antenatal care
- Improved emergency neonatal care capacity (such as neonatal resuscitation skills development) across all levels of care
- Improved neonatal critical care capacity
- Improved surgical care capacity for definitive management of congenital anomalies
- Improved data capturing and reporting of the prevalence and practices surrounding the management of congenital anomalies in Namibia
- Strengthening referral pathways for neonates
- Implementation of guidelines for the management of congenital anomalies



Mortality due to congenital anomalies can be reduced through the improvement of antenatal services, strengthening of DH services and expanding the capacity of the facility providing definitive care. Thus, the management of congenital anomalies requires multi-disciplinary, cross-sectoral collaboration [37].

(ii) Trauma, Injuries and Burns

According to the WHO, approximately 1 million (17%) of deaths due to trauma occur in children annually [29], [37], [39]. The leading causes of trauma deaths are road traffic accidents, falls, burns, drowning and poisoning. A reduction of deaths due to trauma, both accidental and non-accidental injuries require a multi-disciplinary strategy to address the following key aspects:

- Pre-hospital systems and triage guidelines/regulation
- Emergency department management and referral capacity development
- Definitive surgical and anaesthetic management capacity development
- Critical care capacity development
- Community engagement and health promotion strategies
- National and international trauma and injury registry participation

Morbidity and mortality due to trauma, injuries and burns can be reduced through the integration of community-based approaches, multi-disciplinary engagement and capacity-building as well as cross-sectoral capacity-building.

(iii) Cancer

Childhood cancer was the ninth leading cause of childhood disease burden globally in 2017. Mortality from cancer accounts for at least 60% of deaths in children in LMICs. According to the Cancer Association of Namibia, 136 new cases of childhood cancer were reported annually from 2013 [41]. The exact prevalence of paediatric cancer and the types of childhood cancers in Namibia is unknown. A study published in 2014 suggested that the most common childhood cancers at Windhoek Central Hospital - the only oncology referring centre in Namibia - reported findings from 191 new childhood cancer cases diagnosed from 2003-2010. These were leukaemia's (22.5%), retinoblastomas (16.2%), renal tumours (13.6%), soft tissue tumours (13.6%) and lymphomas (12.0%) [42]. Childhood cancer is expensive to treat and often difficult to detect - particularly in the context of communicable disease that may mask or mimic symptoms of malignancy (such as TB). A reduction of morbidity and mortality due to childhood cancer can be achieved through the following strategic applications in the NSOAP:

- Improved awareness and screening programmes
- National and international cancer registry participation
- Optimisation of PPPs
- Improved access to best treatment and guidelines

(iv) Emergency and elective general paediatric surgery

Little is known about surgical conditions affecting the paediatric population in LMICs. However, available data suggests that the distribution of surgical pathology for standard general paediatric surgery consists of inguinal hernia, hydrocoles, umbilical hernias, intussusception and SSI [43].

Voluntary medical male circumcision (VMMC) is an essential surgical procedure as defined by the DCP-3 [5]. VMMC forms an integral part of preventative interventions targeting males to reduce the transmission of HIV/AIDS. VMMC is integrated into existing new-born and maternal health programmes. The benefits of a VMMC programme,

particularly targeting children, is mutually beneficial for the Namibia National Strategic Framework for HIV/AIDS 2017/18-2022/23 targeting a reduction in HIV transmission, and also to strengthen surgical services for male congenital anomalies or complications of male circumcision (Musau and Chang, 2018). The prioritisation of VMMC programmes aligns with several WHO and the U.S. president's emergency plan for AIDS relief (PEPFAR) strategic interests.

1.2.7.3. SDGs met by addressing children's surgical care

Improving surgical care for children is crucial to achieving the Namibia's Vision 2030 and several health-related SDGs, particularly:

- Ending preventable deaths among new-borns and children under five (SDG 3.1.1, 3.2.1, 3.2.2, 3.3)
- Reduction in death and disability due to road traffic injuries and non-communicable diseases (SDG 3.6)
- Reduction in deaths due to non-communicable diseases (SDG 3.4.1)
- Ensuring UHC (SDG 3.8.1)
- Increasing the healthcare workforce (SDG 3C)
- Decent work and economic growth (SDG 1, 8)

1.3. Situational analysis

1.3.1. Overview

In October 2021, an updated situational analysis of SOA care capacity was carried out by the MoHSS. The PGSSC WHO-SAT tool was used to conduct the situational analysis. The findings from the survey provided a foundational, contextually appropriate framework for the development of the Namibia NSOAP. These findings are presented in this section of the NSOAP. Of the facilities invited to participate in the survey, 79.3% of the hospitals that responded were publicly owned hospitals (n=23 facilities) and 20.7% of facilities were privately-owned (n=6 facilities). All the DHs that responded were public (n=19), all the secondary hospitals were private (n=5) and 20% (n=5) of the teaching hospitals were private.

Of the facilities that responded, the highest number of responses was among DHs (48.7% of respondents, n=19). This is important as most patients utilise DHs as the first point of call. Furthermore, strengthening district health systems is a fundamental to NSOAP development.

The following facilities participated in the situational analysis:

Table 4: The distribution of facility responses across levels of care and health sectors, with the catchment populations served

| DHs (65.5%, n=19) | *(population served) | Secondary Hospitals (17.25%, n=5) | *(population served) | Teaching Hospitals (17.25%, n=5)) | *(population served) |
|------------------------------|---------------------------------|--|---------------------------------|--|---------------------------------|
| Eenhana DH | 74,440 | Mediclinic Windhoek Private | - | Katutura Intermediate | 155,518 |
| Engela DH | 170,445 | Oanob Rehoboth Private | - | Onandjokwe Intermediate | 200,000 |
| Gobabis DH | 80,134 | Okahandja Private | - | Ongwediva Medipark | - |
| Grootfontein DH | 46,327 | Ondangwa Private | - | Oshakati Intermediate | 216,063 |



| | | | | | |
|---------------|-----------|--------------------|--------|--------------------|------------|
| Khorixas DH | 19,000 | St Mary's Rehoboth | 35,000 | Rundu Intermediate | 124,771 |
| Mariental DH | 36,916 | | | | |
| Nankudu DH | 51,000 | | | | |
| Okahandja DH | 33,091 | | | | |
| Okakarara DH | 26,742 | | | | |
| Okongo DH | 29,995 | | | | |
| Omaruru DH | 20,733 | | | | |
| Omuthiya DH | 83,684 | | | | |
| Opuwo DH | 68,187 | | | | |
| Outjo DH | 30,208 | | | | |
| Swakopmund DH | 79,126 | | | | |
| Tsandi DH | 38,464 | | | | |
| Tsumeb DH | 35,647 | | | | |
| Usakos DH | 21,290 | | | | |
| Walvis Bay DH | 89,000 | | | | |
| 19 | 1,034,430 | 5 | ** | 5 | ***696,352 |

*Oshikuku Hospital submitted a late submission and thus did not form part of the report

**Insufficient information to calculate

***Note, not all fields reported in category

1.3.2. Capacity

The absolute number of hospital beds is a routine indicator of health facility capacity globally. 'Number of beds' is a crude estimate of a facility's capacity to deliver in-patient health services. A single bed can be used as a surrogate indicator of the basket of services (including medication, equipment, workforce and administrative capacity) required to provide healthcare services at a facility for a single patient. This means a bed and bed occupancy can also be used to estimate the cost of a basket of healthcare services, which includes elective and emergency services. Often, allotted bed numbers are not fixed, as beds allocated to particular specialities or wards are repurposed based on need. This was the case during the Covid-19 pandemic, where surgical beds were reassigned to non-surgical patients admitted with Covid-19-related disease.

In Namibia, the distribution of total beds and surgical beds between the private and public sector represents the distribution of population utilisation between the sectors more closely. However, when the density of beds per 100,000 population is considered, the private sector has a higher density of surgical and critical care beds. This means that the private sector is likely to have a greater capacity to deliver SOA care, compared to the public sector.

The distribution of critical care beds is almost equal between the public and private sectors with the former only slightly exceeding the latter. However, the density of critical care beds per 100,000 population in the private sector is double that of the public sector. This is likely due to the increased cost of operating a functional critical care unit. Critical care services are crucial for optimising patient outcomes and should be considered essential for delivering high-quality SOA services. In terms of functioning operating theatres, although there are three times as many operating theatres in the public sector compared to the private sector, the relative provision of surgical care capacity in terms of operating theatre density, is greater in the private sector (Table 4).

Table 5: Health system capacity in public and private healthcare sectors.

| Description | Total | Public Sector | Density per 100,000 population | Private Sector | Density per 100,000 population | Remarks |
|----------------------|-------|---------------|--------------------------------|----------------|--------------------------------|---|
| Number of beds | 5,528 | 5083 (92%) | 239 | 445 (8%) | 118 | |
| Surgical beds | 843 | 702 (83%) | 33 | 141 (17%) | 38 | |
| Critical care beds | 141 | 85 (60%) | 4 | 56 (40%) | 15 | More critical care beds in private hospital |
| Functioning theatres | 67 | 51 (76%) | 2 | 16 (24%) | 4 | Relatively more theatres in private hospitals |

1.3.3. Service delivery capacity

Most facilities had access to basic amenities, almost all of the time. All facilities included in the situational analysis survey reported always having running water and oxygen, and all except one DH always had access to electricity. The provision of oxygen back-up facilities was variable, with 26% of DHs sometimes only having oxygen tubing, 16% of DHs not having an oxygen back-up source available at all, and another 21% of the facilities only occasionally having back-up oxygen sources. Thirty-two percent of DHs had intermittent internet access.

Most facilities reported having the basic infrastructure and instruments required for providing emergency SOA care. All five teaching hospitals had a full complement of basic equipment for providing essential surgery. Two out of the five secondary hospitals did not have a blood bank, but had the other minimum infrastructure metrics: working anaesthetic machine/s, medical record systems, haemoglobin (Hb) and urine testing capabilities, as well as a functional x-ray machine.

However, there was variability among DHs in terms of the frequency of availability of various items. For example, while 97% of facilities reported having a functional anaesthesia machine, only 32% of facilities reported having a blood bank all of the time. This reflects the need to strengthen DHs to enable them to deliver essential SOA care to the Namibian population.

Radiology and imaging services are a crucial component of emergency, critical and SOA care. These services enable healthcare providers to make accurate diagnoses, evaluate patient progress and plan for definitive treatment options. Robust radiology and medical imaging services are valuable for various specialties beyond SOA and critical care. Since the first situational analysis in 2018, radiology and imaging services have increased in Namibia (Table 5). It is important to note that more private sector facilities were included in the 2021 situational analysis. This may cause an overestimation of the increase in radiology and imaging capacity in Namibia.

X-rays are considered a basic radiological tool. In terms of radiology and imaging services, the majority of facilities have a functioning X-Ray machine (93%) and functioning ultrasound machine (93%). Deficits in the availability of X-ray and ultrasound machines occurred only at district level. However, the concurrent presence of a radiographer or operator for the equipment was not evaluated.

Computed Tomography (CT) is considered an essential imaging modality, particularly for the management of acute general surgery, surgical oncology and trauma. However, only 21% (n=6) of facilities reported having CT scanners. CT scanners were only found at secondary and teaching hospitals and half (n=3) were located in the private sector. Magnetic Resonance Imaging (MRI) was only available at two private hospitals: one secondary and one teaching hospital (Table 5).



Table 6: Radiology and imaging capacity in Namibia

| Modality | Total (% of facilities with item) - 2018 | Total (% of facilities with item) - 2021 |
|------------|--|--|
| X-Ray | 91 | 93 |
| Ultrasound | 84 | 93 |
| CT scanner | 10 | 21 |
| MRI | 0 | 7 |

1.3.4. Health workforce for SOA care

Specialist providers (SPs) are registered medical practitioners trained specifically to provide SOA care. There are approximately 1.87 surgeons, 1.47 obstetricians and gynaecologists, and 0.68 anaesthetists per 100,000 population. The current SAO workforce densities (SAODs) do not meet the LCoGS target for 2030 of 20 specialist providers per 100,000 population. In order to meet this target, Namibia would need five times the current density.

Non-specialist providers (NSPs) (such as GP - anaesthetists and GP - surgeons) are important providers of SOA care in Namibia. The density of NSP surgeons and anaesthetists are 9.2 and 5.7 respectively, per 100,000 population (Figure 3). The combined density of specialist and non-specialist providers is 11.5 surgical providers and 6.6 anaesthesia providers per 100,000 population. These combined metrics provide a more realistic view of the service delivery capacity of the Namibian SOA health workforce. However, Namibia has a shortage of other specialist providers essential to providing SOA care, such as, pathologists and radiologists. This may negatively affect quality and efficiency of care. Across all levels of care, scrub nurses make up a density of 5,72 providers per 100,000 population, registered nurses 75,92 providers per 100,000 population and total nurses (including enrolled nurses) 145 providers per 100,000 population (Figure 2.2). Most nurses work at teaching hospitals.

Since 2018, the SOA and auxiliary SOA health workforce has increased (Figure 3). This may be attributed to increased training opportunities, job creation, job opportunities (in both sectors) and job retention strategies in Namibia.

FIGURE 2. 1 : SPECIALIST AND NON-SPECIALIST SOA WORKFORCE DISTRIBUTION BY LEVEL OF CARE

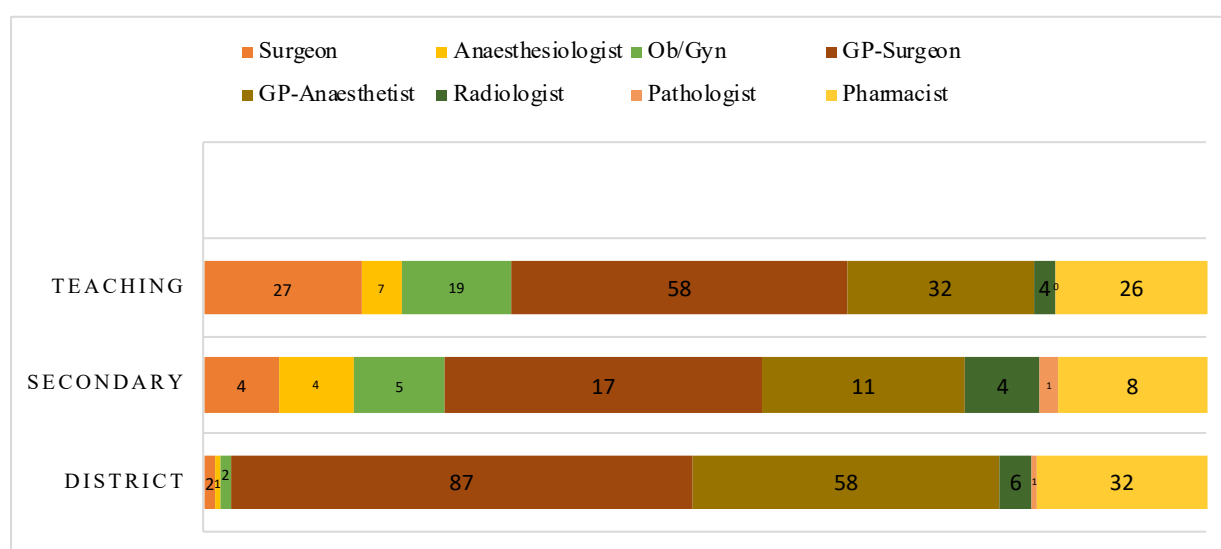
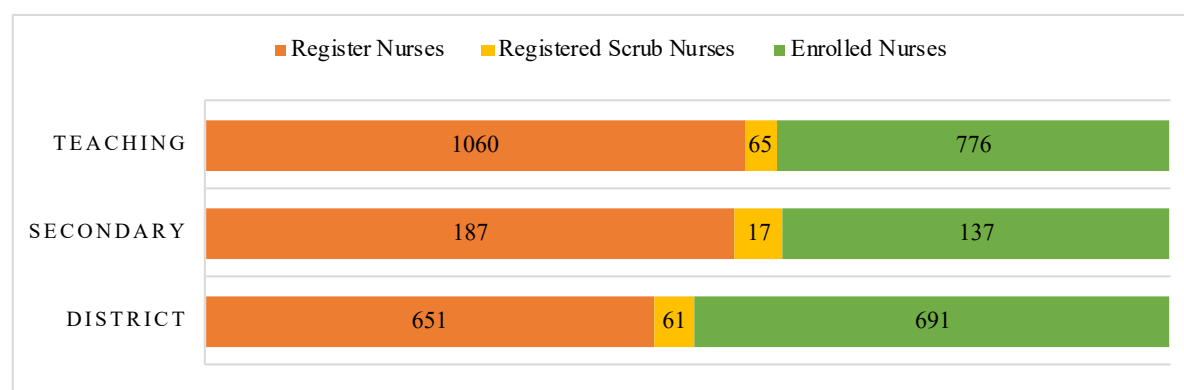
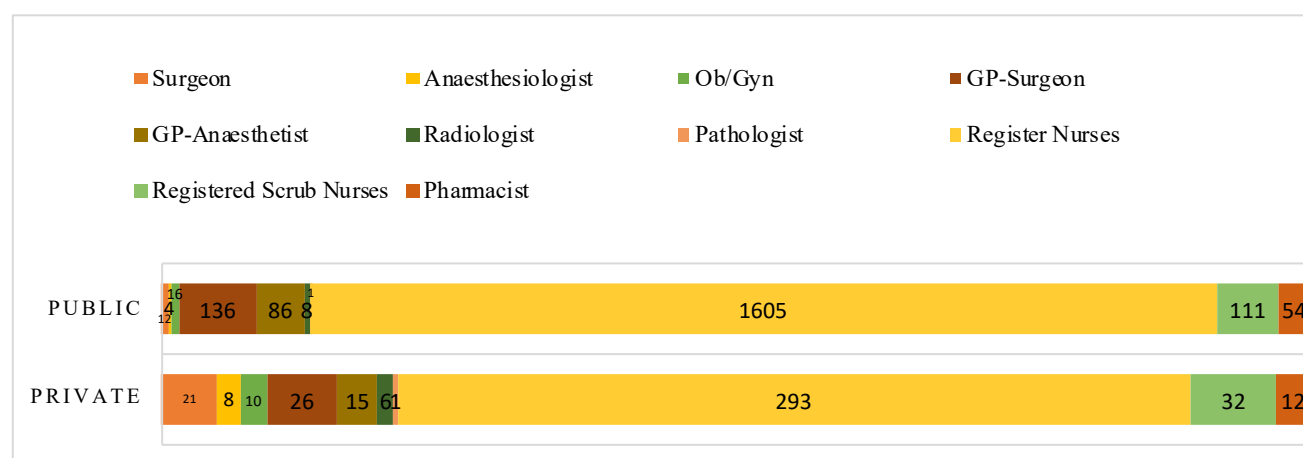


FIGURE 2.2 : NURSING WORKFORCE DISTRIBUTION BY LEVEL OF CARE



The unequal distribution of the SOA workforce between the private and public sectors is a challenge shared among most LMICs. In Namibia, the distribution of the SOA workforce between the private and public sector is fluid. The fact that PPPs are encouraged and that remuneration in the private sector for SOA providers exceeds that of the public sector, makes it difficult to retain healthcare workers who work exclusively in the public sector. The majority of SPs work at private facilities. Approximately 64% of surgeon SPs, 67% of anaesthetist SPs and 38% of obstetrician and gynaecologist SPs work in the private sector in Namibia. Smaller specialties such as radiology and pathology had an almost equal distribution between the private and public sectors. There are however more registered nurses working at public compared to private facilities (Figure 2.3).

FIGURE 2.3 : SOA WORKFORCE DISTRIBUTION BETWEEN THE PRIVATE AND PUBLIC SECTORS

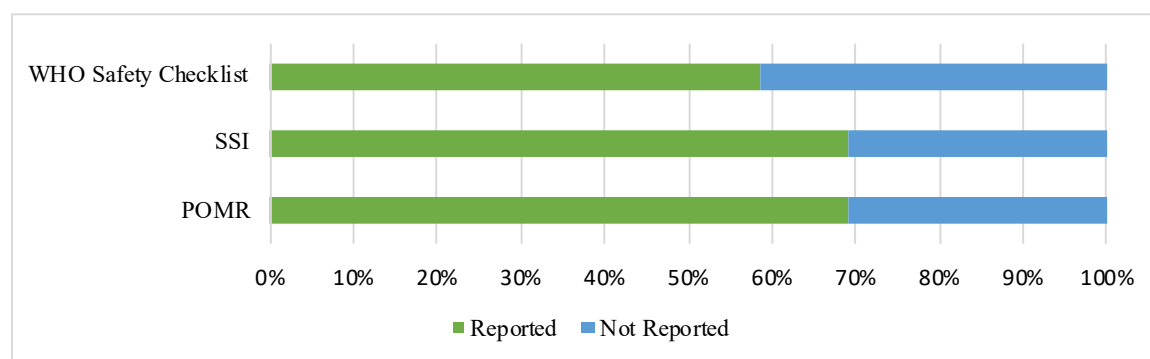


1.3.5. SOA best practices and quality improvement (QI)

The utilisation of evidence-based guidelines is a fundamental component of providing best medical practices for patients. Thirty-eight percent of facilities had access to surgery guidelines, 38% had access to anaesthesia guidelines and 55% had access to analgesia guidelines, while 72% had access to emergency care guidelines. Similar trends in guideline utilisation were common at district, secondary and teaching hospitals. Of note, access to guidelines does not necessarily indicate compliance. More than half of the facilities (54%) reported using the WHO surgical safety checklist and approximately 75% of facilities routinely report SSIs. Approximately 80% of facilities were engaged in QI initiatives, with only five facilities never undertaking QI initiatives. In terms of perioperative mortality rate (POMR) reporting, 20 of the facilities (68.9%) reported perioperative deaths (Figure 3). This is encouraging for Namibia's goal to meet 100% of facilities reporting POMR by 2030 and suggests there may be appropriate infrastructure in place to achieve this goal [8].



FIGURE 3.1 : PROPORTION OF FACILITIES REPORTING SOA QUALITY IMPROVEMENT METRICS



1.3.6. Surgical service delivery

Surgical service delivery is measured in terms of service utilisation and delivery. Indicators for service utilisation include total patients assisted at out-patient departments (OPD), total admissions, numbers referred for surgery (usually to higher levels of care). Surgical service delivery is measured in terms of number of cases performed per 100,000 population per annum.

As expected, significantly more patients were admitted to hospital and assisted by surgical OPDs in the public sector compared to the private sector. This may be due to different follow-up structures, but likely reflects the differences related to population treated. The proportion of admitted patients requiring surgical interventions and the number of children under 15 years of age requiring surgery was similar between the two sectors (Figure 7).

Table 7: Surgical service delivery across public and private sectors in Namibia

| Indicator | Total patients | Total Public sector (%) | Total Private sector (%) | Remarks |
|---|----------------|-------------------------|--------------------------|---|
| Total number of OPD patients seen per year | 2,680,146 | 2,644,175 98.7% | 35,971 1.3% | Majority of OPD patients were seen at public health facilities |
| Total number of admissions per year | 197,661 | 171,690 86.9% | 25,971 13.1% | More patients were admitted in state-owned health facilities |
| Number requiring surgery | 22,302 | 12,950 58% | 9352 42% | 36% of admissions at private facilities are surgical cases with 11% at state facilities |
| Number of patients referred to next level for surgery | 20,872 | 20,612 98.7% | 260 1.3% | More patients were referred for surgery than necessary |
| Children < 15 requiring surgery | 2,452 | 1,009 41% | 1,443 59% | More children with surgical conditions in private facilities |

A total of 4,785 procedures were performed in the operating theatre per 100,000 population. When evaluating the LCoGS indicator of cases per 100,000 population, it is important to consider case mix. The Bellwether procedures

are index procedures used to measure essential surgery capacity and delivery. Of the Bellwether procedures performed, 83% of facilities were able to provide caesarean sections; 55% were capable of providing laparotomies; and 31% were able to manage an open fracture. Teaching hospitals were able to offer all the Bellwether procedures. Among secondary and DHs, only 46% of facilities were able to provide laparotomies and only 16.7% were able to manage of open fractures.

Since 2018, there has only been a slight increase in the number of facilities providing caesarean sections and laparotomies, with a decrease in the number of facilities providing management of open fractures. There is variability in the range of procedures provided by level of care. However, capacity to deliver Bellwether procedures should better-correlate with capacity to deliver a range of other essential procedures. Certain procedures and the associated basket of skills and care are closely related to Bellwether procedures. In terms of laparotomy-related procedures, 55% of facilities were able to perform appendicectomy and 52% were able to perform hernia repairs. These figures correlate facilities' capacity to perform laparotomies. In addition to Bellwether procedures, most facilities were able to perform family planning and abortive procedures, intercostal drain insertion, and joint dislocation management.

FIGURE 4. 1 : PROPORTION OF FACILITIES PROVIDING BELLWETHER PROCEDURES

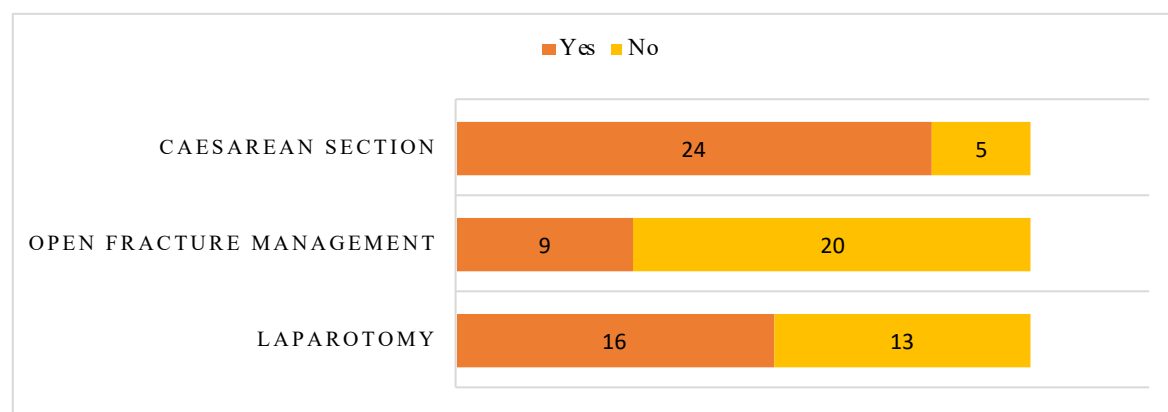
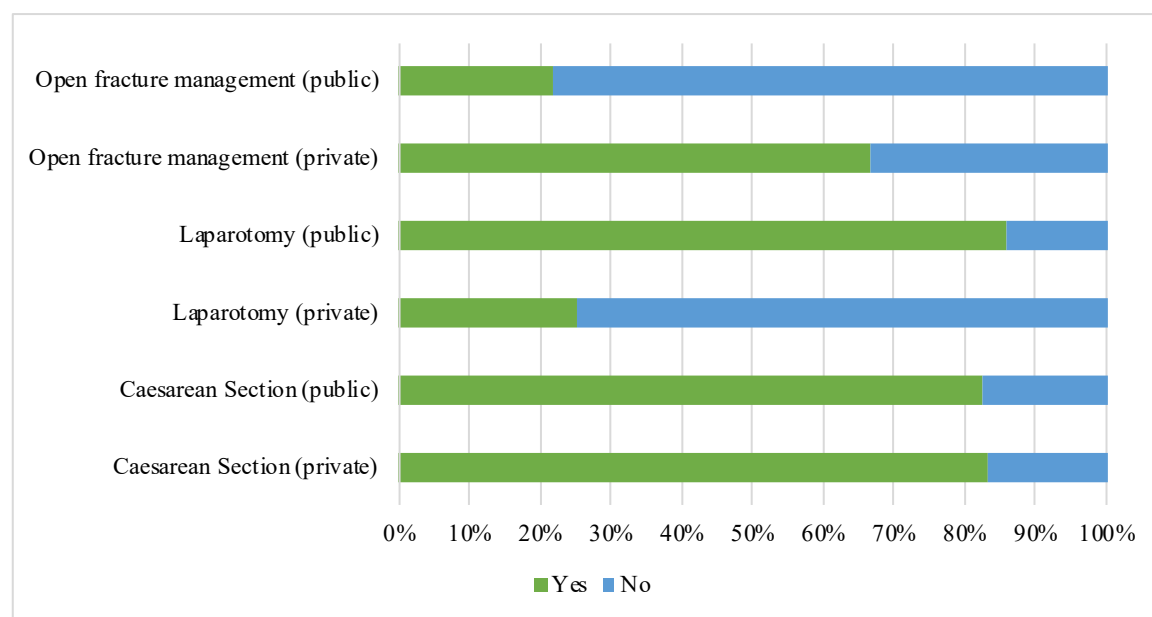


FIGURE 4. 2 : PROPORTION OF FACILITIES PROVIDING BELLWETHER PROCEDURES BY SECTOR





1.3.7. Basic medicines, equipment and supplies

All but one facility had access to most basic medicines to perform essential surgical procedures (narcotics, antibiotics, IV fluids, paralytic agents, sedatives and vasopressors). Further analysis is needed to evaluate whether the availability of supplies is associated with changes in service delivery, case volume and outcomes.

1.3.8. Impoverishing and catastrophic health expenditure

The final LCOGS metric to evaluate impoverishing or catastrophic expenditure is the most difficult to evaluate. Unfortunately, despite this indicator being a crucial part of Namibia's NSOAP development, costing and implementation, the indicator was not included in the situational analysis. This was largely due to accepted difficulties in collecting this metric. However, it is important to note that while healthcare in Namibia is theoretically "free of charge" (in that it is funded by government) it is expected that the indirect and direct, non-medical costs of seeking SOA care, are high for individuals. Further research is needed to quantify the catastrophic expenditure incurred by individuals and plan appropriate responses according to the findings.

1.4. SWOT Analysis

During the *Namibia Stakeholders Meeting to Draft the NSOAP*, hosted by the MoHSS QAD in Windhoek, November 2021, stakeholders were divided into groups to cover four thematic areas of the NSOAP identified by the MoHSS. This modified working group allocation reflects how the LCOGS indicators and NSOAP pillars have been collated to align more closely with existing healthcare systems policy planning and evaluation structures in Namibia. These four streams are:

- Infrastructure and equipment
- Surgical workforce
- Service delivery and supplies
- Health information systems and QI

A SWOT analysis was developed by stakeholders to provide a comprehensive, contextualised analysis of the WHO-SAT situational analysis data. The findings are presented below describing the *Strengths, Weaknesses, Opportunities and Threats (SWOT)* of each NSOAP pillar.

1.4.1. Infrastructure and equipment

This includes all basic amenities, infrastructure and general equipment required to provide essential SOA and ECO care.

| STRENGTHS | WEAKNESSES |
|--|---|
| <ul style="list-style-type: none"> • Procurement Act in place • Procurement/economising committees in place at every level of care • Availability of basic infrastructure in every region • Availability of oxygen supply at all facilities • Dedicated medical and ancillary equipment available • Existing PPPs in place for administration of infrastructure and equipment • Existing budget for infrastructure development • Availability of Ministry of Works (MoW) department responsible for planning, management and maintenance of government buildings and infrastructure | <ul style="list-style-type: none"> • Centralised and prolonged procurement process • Procurement/economising committees not empowered to make procurement decisions • Procurement/economising committees not inclusive of the end-users involved in delivering SOA care • Available infrastructure limited in structure and numbers needed • Inadequate responsibility taken for poorly maintained infrastructure • Oxygen generating capacity is not adequate at facility level • Available equipment is limited in numbers and absent at some facilities • Poorly maintained existing equipment • PPPs not functioning optimally • Inadequate funds for infrastructure development • MoW's interests not aligned with the needs of MoHSS |
| OPPORTUNITIES | THREATS |
| <ul style="list-style-type: none"> • The Procurement Act makes provision for clear and transparent procurement processes • The Procurement Act makes provision for procurement/economising committees to be autonomous • End-users are willing to be included in procurement committees • International and local partners support infrastructure development • Can strengthen PPPs to maintain infrastructure • Oxygen capacity expansion is underway due to COVID-19 Pandemic • A strengthened maintenance policy and its implementation at some facilities is underway • The equipment given during the Covid period can be used for SOA services • Optimisation of cooperation between private and public is possible • Expertise and partners are available | <ul style="list-style-type: none"> • Potential for abuse of some procurement provisions • Sustainability of infrastructure development and partner interest is not assured • Financial commitment from partners not ensured • Financial sustainability of maintenance not assured • Some SOA facilities are being repurposed into COVID-19 facilities • Cooperation from private partners not assured in terms of sustainability and financing • Sustainability of infrastructure development and long-term partner interest not assured |



1.4.2. Surgical workforce

This describes the human resources and staff required to establish a surgical workforce to provide essential, high-quality SOA and ECO care.

| STRENGTHS | WEAKNESSES |
|--|--|
| <ul style="list-style-type: none"> • Existence of appropriate and diverse cadres that could take up SOA work • Presence of task-sharing mechanisms • Availability of human resource establishments for recruitment of SOA personnel • Availability of training opportunities for career improvement with government sponsorship • Availability of limited private practice for SOA care providers in public service • Presence of performance appraisals | <ul style="list-style-type: none"> • Continued shortages of personnel in each cadre at all levels • Lack of standardisation of measurable outputs for each cadre • Poor distribution of SOA workforce between various regions • Lack of retention strategies for those that are government-sponsored for training • Tendency to prioritise private work over public service, hence conflict of interest • Underperformance by healthcare workforce inadequately addressed • Lack of accreditation of continuous medical education (CME) courses offered at the facility level |
| OPPORTUNITIES | THREATS |
| <ul style="list-style-type: none"> • Availability of trained Namibian SOA workforce in the diaspora • Opportunity to standardise career development courses offered by various facilities and organisations • Government commitment and political will to address the SOA human resource crisis at all facilities that require SOA services • Potential to liaise with development partners to develop means of assessment of the impact of graduates on service delivery • Policy allows for SOA private care providers to remain in public service • There is room to improve disciplinary action against under-performing staff | <ul style="list-style-type: none"> • Low uptake of local professional opportunities by SOA health workers in the diaspora to return home and work in Namibia • Lack of complementary staff and equipment at facilities that require SOA workforce • Local 'brain drain' of SOA workforce to the private sector in Namibia • Conflict of interest on the part of those working in public and private sectors • Demoralised SOA workforce owing to systemic challenges in providing high-quality SOA care |

1.4.3. Service delivery and supplies

This describes the range of essential services and the supplies required to enable the facilities and workforce to deliver the requisite services.

| STRENGTHS | WEAKNESSES |
|--|---|
| <ul style="list-style-type: none"> • Availability of operating theatres (OTs) at most DHs (highest density of functional OTs at district level) Good cooperation between hospitals at district, intermediate, and tertiary levels • Established referral systems and pathways • Strong political will to ensure adequate service delivery and supplies • Existing MoU between Ministry and private healthcare facilities to allow “pooling” of resources • National outreach programme allows access to surgical services. • Procurement management unit oversees procurement and distribution of supplies centrally | <ul style="list-style-type: none"> • Most of the operating theatres are unutilised • Limited numbers of skilled healthcare workers per facility • Poor implementation of the MOU between district and referral facilities and between state and private facilities • Poor communication and feedback (regarding outcomes) between district and referral facilities and between state and private facilities • Outdated referral policy between facilities • Sub-optimal data collection, storage and analysis systems lead to sub-optimal service delivery and procurement • Centralised and overburdened procurement unit |
| OPPORTUNITIES | THREATS |
| <ul style="list-style-type: none"> • There is the will among all stakeholder groups to improve theatre functionality and productivity • There is the will among all stakeholder groups to train more SOA providers through formal specialisation and in-service training • There is a commitment from MoHSS to recruit more skilled SOA staff • There is capacity and expertise to review and update the referral policy among stakeholder groups • The MOU between public and private facilities can be strengthened • Possibility of procuring funding from development partners • There is capacity to strengthen outreach services • The MoHSS is moving towards decentralising the procurement unit and process to facilitate a more rapid and appropriate response to the needs of each facility | <ul style="list-style-type: none"> • The funding required to improve surgical service capacity (particularly operating theatres) is significant • Private health sector (public sector needs incentives, better working conditions) • Increased morbidity (disability) and mortality due to missed cases, delayed, and/or cancelled surgical cases • Poor health-seeking behaviours at the pre-hospital level result in delays in seeking care at community level • Middlemen in procurement chain leads to overpricing and lack of quality assurance |



1.4.4 Information management and QI

This describes the health information and data management systems required to deliver essential, high-quality SOA and ECO care and research.

| STRENGTHS | WEAKNESSES |
|---|--|
| <ul style="list-style-type: none"> Existing District Health Information Software 2 (DHIS 2) currently in use at all facilities in the country MoHSS is committed to transitioning to an E-Health system (plans are in place) Health information and research directorate is operational Policy and guidelines for data capturing established Health information officers available at all levels of care E-Birth and E-Death registration in place MoHSS QAD prioritises data analysis and reporting NQPS for 2021/2-2025/6 published The Patient's Charter is used Regional data review meetings ongoing Internet access available at most facilities | <ul style="list-style-type: none"> All facilities use paper-based medical records either in combination with electronic record keeping (48,3%) or exclusively (52%) Health information management is not integrated into the pre-service training curriculum Lack of capacity and skills to conduct research The approval process is not decentralised Data sharing shortcomings between private and public sector Inadequate Health Information officers No adequate information regarding SOA deaths Poor data utilisation by quality improvement teams No consistent data review meetings specifically for SOA care Lack of data dissemination both at community and healthcare facilities for planning and prevention Internet coverage at facilities only at 79% |
| OPPORTUNITIES | THREATS |
| <ul style="list-style-type: none"> Training institutions can support pre-service training Support by MoHSS and partners is possible E-Health and DHIS tools are already being utilised in other SADC countries International organisations are willing to help Leadership engagement and strong political will | <ul style="list-style-type: none"> Limited capacity to sustain E-Health Finances and unassured support from partners No data security policy for healthcare in place Lack of capacity at district and regional levels Unassured source of funding for research High staff turnover Unassured support from the private sector NSOAP systems, services and progress indicators not included in DHIS 2 |

CHAPTER 2: STRATEGIC FOCUS FOR THE NSOAP PLAN

2.1. Vision and mission

Vision: A nation of healthy and economically productive individuals.

Mission: To enhance healthcare access, capacity, and standards through collaborative partnerships, education, infrastructure development, and evidence-based practices in surgical, obstetric, critical, emergency, and anaesthesia care across Namibia.

2.2. Overall strategic objective

To provide safe, timely, cost-effective and equitable, critical, emergency and SOA care to all Namibians.

2.3. MoHSS core principles alignment

To provide integrated, timely, high-quality, safe, cost-effective, and equitable essential critical, emergency and SOA care to all Namibians. These core principles can be evaluated in terms of the following key priorities:

- “integrated”: *Integration into NQPS metrics to ensure streamlined and pragmatic/frugal allocation of scarce health resources.*
- “timely”: *Access to timely essential critical, emergency and SOA care*
- “high-quality” and “safe”: *provision of quality and safe SOA care as per the MoHSS quality standards for hospitals and PHC facilities*
- “cost-effective” and “affordable”: *SOA workforce density and surgical case volume in terms of perioperative mortality rate*
- “equitable”: *UHC*
- “essential”: *Access to timely essential critical, emergency and SOA care; surgical case volume*

2.4 Key priorities of the Namibia NSOAP

- Integrate the NSOAP into the Namibia NQPS
- Ensure access to timely, equitable, high-quality, essential, critical, emergency and SOA care for all
- Fulfil the NSOAP strategic objectives to deliver UHC

Table 8: Key priorities of Namibia NSOAP

| Priority | Indicator |
|---|--|
| Integration into the NQPS | Report of NSOAP M&E incorporated into NQPS |
| Ensure access to timely, equitable, high-quality, essential, critical, emergency and SOA care for all | |
| | *M&E framework summary of indicators |



CHAPTER 3: MISSION AND VISION

3.1. Overview

To achieve the vision, mission, and strategic focus of the Namibian NSOAP, emergency, critical, surgical, anaesthetic and obstetric care will be improved in the following domains:

- i. Infrastructure and equipment
- ii. Surgical workforce
- iii. Service delivery and supplies
- iv. Information management and quality improvement (QI)

Each strategic objective will be achieved through key activities and specific programmes. The progress towards achieving every strategic objective is measured through verifiable indicators in the M&E framework.

Financing of the NSOAP will be coordinated by the Ministry of Finance and the MoHSS in consultation with the private sector, WHO and other key partners. Careful consideration of strategies to mitigate the risk of impoverishment for health system users is crucial. The costing framework was completed with the support of the WHO.

Governance of the Namibia NSOAP plan will be coordinated by the MoHSS QAD. The MoHSS QAD has custodianship over the programme and is responsible for programme implementation, measurement and evaluation. The MoHSS QAD will work with local and international organisations including WHO, WitSSurg and other key strategic partners to ensure that high quality governance and accountability structures are in place.

The overall objective of the NSOAP will be attained through specific strategic objectives (SOs) for each domain:

- i. *Infrastructure and equipment:*
 - To ensure infrastructure at facilities, across all levels of care and in both the private and public sectors, meet the minimum standards for providing essential emergency, critical and SOA care.
- ii. *Surgical workforce*
 - To ensure the availability of an adequate number of trained and motivated SOA providers to provide a basic package of essential SOA and integrated ECO care services.
- iii. *Service delivery and supplies*
 - To ensure that all facilities, across all levels of care and in both the private and public sectors, have the capacity to deliver essential SOA care.
- iv. *Information management and QI*
 - To improve the collection, data management and reporting capabilities of essential and standardised SOA care indicators, at all facilities, across all levels of care and in both the private and public sectors.

3.2. Comprehensive strategic framework:

3.2.1. Domain 1: Infrastructure and equipment

3.2.1.1. Overview

The provision of ECO and SOA care is fundamentally reliant on the availability of functional infrastructure and equipment. Infrastructure integrates a healthcare facility into the broader healthcare system and facilitates the

provision of effective, efficient, timely, safe and equitable services. Infrastructure and equipment require an adequately functionally built environment consisting of basic amenities and the specialised features required to provide SOA care. Regular maintenance, renovation, procurement and modernisation is required to ensure that services provided with the existing infrastructure and equipment meets best practices and national quality standards. This upkeep often requires consumables, multi-disciplinary contribution and a sense of ownership. A comprehensive overview of the strategic objectives for Domain 1 are outlined in Table 9.

3.2.2. Domain 2: Surgical workforce

3.2.2.1. Overview

The surgical workforce requires improvement and skills development across all cadres of care. A needs-driven training agenda with appropriate incentives and remuneration will be employed. This strategy will be integrated into existing strategic plans to expand the health workforce. A comprehensive overview of the strategic objectives for Domain 2 are outlined in Table 10.

3.2.3. Domain 3: Service delivery and supplies

3.2.3.1. Overview

A needs-driven training and service delivery strategy, with appropriate governance and evaluation will be employed. This strategy will ensure that all operating theatres, emergency and critical care spaces, across all levels of healthcare, are equipped with the requisite infrastructure, supplies and equipment, as well as the workforce to deliver high quality services. A comprehensive overview of the strategic objectives for Domain 3 are outlined in Table 11.

3.2.4. Domain 4: Information management and QI

3.2.4.1. Overview

A needs-driven information management and QI strategy, with appropriate governance and evaluation will be employed. The strategy will establish infrastructure, training, implementation and review processes to deliver high quality, secure data management and feedback strategies. A comprehensive overview of the strategic objectives for Domain 4 are outlined in Table 12.

***Definitions:**

Total hospitals: includes all hospitals intended to provide surgical care, including the public and private sectors.

Table 9: Domain 1- Infrastructure and equipment strategic objectives, activities over the planned years, indicators to be measured, and respective targets

| Strategic objective | Activity | Programmes | Verifiable indicators |
|---|---|------------|--|
| SO1: Ensure improved infrastructural capacity to provide effective and efficient critical and SOA care | | | |
| | 1.1 To ensure all facilities have a well-equipped and functional emergency section | | |
| | 1. Establish and equip designated areas to provide emergency care | | Proportion of facilities with designated, operational emergency care units |
| | 1.2 Ensure all facilities have functional OT infrastructure and equipment | | |
| | 1. Install basic infrastructure needed to commission OTs as functional as per hospital quality standards and WHO-SAT | | Proportion of facilities with functional OTs |
| | 2. Install back-up power generators and/or solar panels | | Proportion of hospitals with electricity back-up systems |
| | 3. Establish and equip recovery areas at each theatre complex | | Proportion of hospitals with designated operational perioperative/recovery areas |
| | 4. Revise Theatre Operations Manual and Central Sterile Services guidelines to reflect current needs | | Proportion of hospitals utilising revised manuals |
| | 1.3 Ensure the presence of dedicated paediatric OTs at all intermediate level hospitals and above (where appropriate also DHs) | | |
| | 1. Convert or construct paediatric OT where needed, in collaboration with stakeholders | | Proportion of hospitals with paediatric OTs |
| | 1.4 Ensure all facilities have functional critical care infrastructure | | |
| | 1. Identify and equip areas for critical care provision | | Portion of facilities with operational critical care areas |
| | 1.5 Ensure that all DHs have dedicated surgical wards | | |
| | 1. Establish standard operating procedures (SOPs) to procure adequate infrastructure, equipment, supplies and staff for dedicated surgical beds | | Dedicated beds provided for surgical patients |
| | 1.6 Ensure adequate routine maintenance and equipment procurement strategies | | |
| | 1. Develop standardised maintenance manuals for surgical equipment | | Health facilities with well-maintained equipment |
| | 2. Establish operational, well-staffed, -funded and -equipped maintenance departments at all facilities | | Proportion of facilities with operational maintenance departments |
| | 3. Appropriate budgetary allocation for equipment maintenance | | Maintenance funds allocated in annual budgetary appropriations |
| | 4. Establish a SOA medical and surgical equipment checklist (in keeping with national hospital standards, WHO-SAT and other tools) | | Approved SOA medical and surgical equipment checklist |

| | | |
|---|---|--|
| | 1.7 To ensure that all facilities have well-equipped, functional diagnostic facilities (including laboratories), blood product storage and pharmacies | |
| | 1. Ensure timely access to functional essential laboratory and radiology equipment | CT scanners at all intermediate hospitals |
| | | MRI Scanners at key facilities |
| | | X-Ray machines at all facilities |
| | | Ultrasound machines at all facilities |
| | | Mammogram equipment at key facilities |
| | 1.8 To strengthen communication and transport infrastructure at all facilities | |
| | 1. Support infrastructure to provide adequate internet access 24/7 to all facilities | Most facilities provided with reliable internet connectivity |
| | 2. Support plans for acceptable and reliable road access | - |
| | 3. Ensure all facilities have an acceptable number of functional ambulances | Adequate number of functional ambulances per facility |
| | 1.9 To ensure all hospitals meet minimum standards for basic amenities and infrastructure needed to provide essential critical and SOA care. | |
| | 1. Strengthen comprehensive checklist of standards for equipment and infrastructure needed to deliver essential SOA and critical care, according to level of care | Modified checklist of infrastructure for SOA care established |
| | 2. Support all facilities to meet quality standards and WHO-SAT checklist for delivering SOA care | Proportion of facilities meet the spatial requirements and standards for necessary functional infrastructure and equipment to provide efficient SOA care |
| *Abbreviations: OT (operating theatre) | | |

Table 10: Domain 2 - Surgical workforce strategic objectives, activities over the planned years, indicators to be measured, and respective targets

| Strategic objectives | Activity | Programmes | Verifiable indicators |
|--|---|---|--|
| SO1: Create new positions for qualified emergency, critical and operative care providers in SOA services | | | |
| | 1.1. To develop an SOA facility needs assessment tool | 1. Strengthen ministerial workload indicator for staffing needs (WISN) to include perioperative nursing and emergency, critical and SOA care providers | SOA workforce needs assessment tool to track staffing requirements (modified WISN) |
| | 1.2. To conduct SOA needs assessment for each facility based on their catchment population (per 100,000) | 1. Administer WISN | Proportion of facilities using the WISN tool |
| | 1.3. To advocate for the inclusion of new SOA positions for each facility into the ministerial HRH recruitment plan | 1. Expand facility's annual HRH recruitment plan submission | Number of SOA positions submitted for inclusion into the facility HRH recruitment plan |
| | | | Number of providers/100,000 population |
| | 1.4. To expand the facility SOA staff establishment in accordance with the Public Service Commission (PSC) Wage Bill Policy | 1. Revise PSC Wage Bill Policy | Revised SOA staff establishment submitted at the PSC for approval |
| SO2: Train and recruit adequate and qualified healthcare workers to provide safe SOA services for all regions | | | |
| | 2.1 Accelerate training of local personnel to specialise in SOA care | 1. Develop local training partners for adult and paediatric SOA care training programmes across all cadres (University of Namibia (UNAM), The College of Surgeons of East, Central and Southern Africa (COSECSA), College of Anaesthesiologists of East, Central and Southern Africa (CANECSA), The East, Central and Southern Africa College of Obstetrics and Gynaecology (ECSACOG), Perioperative Nursing Training | *SOA workforce density (by cadre) |

| | | | |
|---|--|--|--|
| | 2.2 To certify and license on-the job skills training short course CMEs (SAFE course, Basic Surgical Skills, BLS/ACLS) | 1. Accelerate HPCNA accreditation of training programmes | Proportion of training programmes accredited Number of trained personnel per year |
| SO3: Ensure equitable distribution and retention of available qualified specialists in emergency, critical and operative care | | | |
| | 3.1 To develop policies and regulations for equitable distribution and retention of all SOA providers | 1. Develop and implement a remote service programme | Remote service programme implemented |
| | 3.2 To ensure the presence of non-monetary incentives like internet, housing, schools and recreation facilities in all areas for SOA providers | 2. Develop and implement regional councils' decentralisation programme | Proportion of SOA providers retained |
| | 3.3 To establish dual recruitment of SOA providers via MoHSS and training institutions (e.g. UNAM) | 1. Strengthen implementation of SOA HRH private public partnership (PPP) programme | Number of MoUs on SOA for HRH, PPP signed |
| | 3.4 To strengthen governance of SOA care (management and leadership) | 1. Develop programme for regional SOA supervision, technical support and outreach programmes 2. Develop Ministerial SOA technical working group (TWG) | Number of SSVs conducted per region, per facility SOA TWG established |
| | | 3. Establish Namibian SOA centre for global surgery programme in collaboration with local and international stakeholders (academic institutions, professional associations, NGOs, etc) | Namibian Centre for Global Surgery established |
| *Abbreviations: SOA (surgical, obstetric and anaesthetic); MoU (memorandum of understanding); WISN (workload indicator for staffing needs); PSC (Public Service Commission); HPCNA (Health Professionals Council of Namibia); HRH (human resources for health); SSV (support supervisory visits) | | | |

Table 11: Domain 3 - Service delivery and supplies - strategic objectives, activities over the planned years, indicators to be measured, and respective targets

| Strategic objectives | Activity | Programmes | Verifiable indicators |
|---|---|--|---|
| SO1: Ensure all operating theatres (OTs), as well as emergency and critical care spaces deliver effective and efficient services | | | |
| | 1.1 To ensure adequate infrastructure, functioning equipment and adequate supply of consumables | | |
| | | 1. Provide functional OTs at all DHs | Facility functional OT density |
| | | 2. Provide functional critical care* facilities at all hospitals (SOP to stratify critical care services by HDU and intensive care unit (ICU), capacity) | Proportion hospitals with functional OTs Number of operational critical care beds per facility |
| | | | Total number of functional critical care beds per facility |
| | | 3. Establish compliance of all OTs, surgical wards, and critical care areas with national hospital quality standards | Proportion of facilities meeting OT service standards |
| | | 4. Ensure availability of essential medicine and surgical supplies | Proportion of facilities meeting stock level score standard |
| | | 5. Ensure constant supply of high-quality medical air and oxygen | Proportion of facilities providing high quality medical air (above 96% purity) |
| | 1.2 To provide adequately skilled workforce for high-quality SOA and critical care service provision | | |
| | | 1. Accelerate training of local personnel to specialise in SOA and critical care | SOA workforce density |
| | | 2. Certify 'on-the-job' skills training and short courses | Proportion of facilities providing CPD training, for minimum CPD requirements |
| SO2: Provide timely, equitable, access to quality SOA and critical care services | | | |
| | 2.1 To deliver essential SOA care at all levels of care | | |
| | | 1. Train healthcare providers to deliver Bellwether procedures | SOA workforce density |
| | | 2. Train personnel to provide critical care | SOA workforce density |
| | | 3. Train personnel to provide emergency care | SOA workforce density |
| | | 4. Provide services for acute management of trauma and injury | Trauma and injury service density |

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|---|---|--|--|
| 2.2 To strengthen OT data quality | | | |
| | 1. Expand standardised electronic operating theatre data-capturing tool to all facilities | Proportion of facilities utilising the electronic OT data-capturing tool | |
| | 2. Build capacity for data-capturing and data management | Proportion of staff trained in data management | |
| 2.3 To develop robust, accessible and equitable referral systems | | | |
| | 1. Strengthen implementation of the national referral guidelines | Proportion of patients referred for SOA care | |
| | | Proportion of patients referred for critical care/100,000 per annum | |
| | 2. Ensure ambulances are well-equipped and functional as per national hospital standards | Proportion of functional ambulances per facility | |
| | 3. Ensure availability of trained intermediate emergency responders | *SAO density | |
| | 4. Strengthen PPP to improve essential SOA and critical care, as per MoU | Total number of patients referred from public to private sector per region per annum | |
| | 5. Establish centralised service for EMS dispatch | A centralised EMS dispatch service established | |
| 2.4 To strengthen and promote preventative, rehabilitative and palliative care | | | |
| | 1. Improve cervical cancer screening programmes | Proportion of women screened for cervical cancer (with pap smear) per year | |
| | | Cervical cancer incidence | |
| | 2. Strengthen screening and awareness of breast cancer | Proportion of women screened for breast cancer per year | |
| | | Breast cancer incidence | |
| | 3. Strengthen screening and awareness for prostate cancer | Proportion of men screened for prostate cancer per year | |
| | | Prostate cancer incidence | |
| | 4. Strengthen integration of voluntary medical male circumcision (VMMC) into health system services | Proportion of males receiving VMMC | |

| | | | |
|--|--|---|--|
| | | 5. Strengthen and capacitate the clubfoot management programme at national level | Proportion of facilities providing clubfoot services |
| | | 6. Improve integration of PHC services in SOA care management | - |
| | | 2.5 To strengthen maternal and child health (MCH) screening for SOA conditions | |
| | | 1. Ensure the availability of maternal sonographers at all levels of care | Proportion of facilities providing maternal sonography screening |
| | | 2. Strengthen maternal screening programme | Facility maternal sonography screening service provision |
| | | | Proportion of women referred for post-maternal sonar per year to higher levels of care |
| | | 2.6 To strengthen collaboration with parastatal organisations (e.g., Blood Bank, Namibia Institute of Pathology (NIP)) | |
| | | 1. Measure and reduce waiting times for blood products | Laboratory test result turn-around time (per facility) |
| | | 2. Expand electronic system to access laboratory test results | Proportion of facilities with functional electronic laboratory results system |
| | | SO3: Deliver high-quality SOA and critical care services | |
| | | 3.1 To strengthen implementation of surgical care safety measures | |
| | | 1. Ensure the utilisation of the WHO surgical safety checklist | Proportion of facilities meeting WHO surgical safety checklist utilisation standards |
| | | 2. Monitor and improve implementation of IPC programmes | Proportion of facilities with IPC service element score of at least 80% |
| | | 3. Routine reporting of peri-operative mortality rate (POMR) | * POMR |
| | | | Proportion of facilities reporting SOA quality indicators at least 80% of the time |
| | | 4. Routine reporting of surgical site infection (SSI) rate | SSI rate |
| | | 3.2 To improve central sterile services department (CSSD) facilities | |
| | | 1. Build capacity of CSSD staff | Number of staff trained in CSSD per facility |
| | | 2. Ensure the implementation of national hospital quality standards for CSSD | Proportion of facilities meeting CCSD service standard |

| | | | |
|--|--|---|---|
| | | 3. Ensure availability and maintenance of functional equipment | Proportion of facilities with functional CSSD equipment |
| | 3.3 To strengthen management and leadership capacity around SOA care | | |
| | | 1. Ensure capacity-building in leadership and health system management | Proportion of staff trained in leadership and health system management |
| | 3.4 To strengthen Customer Care services | | |
| | | 1. Establish customer care offices at all health facilities | Proportion of facilities with operational customer care offices |
| | | 2. Document, implement and improve the complaint management procedures at healthcare facility level | Proportion of facilities meeting customer survey satisfaction rate standard |
| | | 3. Engagement with community stakeholders regarding NSOAP service delivery | |
| | SO4: Protect patients from impoverishing direct, indirect and direct non-medical costs of SOA and critical care | | |
| | 4.1 To evaluate and respond to patient impoverishment due to service requirements | | |
| | | 1. Establish programme for evaluation of patient costs and out-of-pocket-payments (OPPS) | Proportion of facilities reporting patient incurred costs for SOA care |
| | | 2. Community engagement programme focused on cost reductions | |

Table 12: Domain 4 - Information management - strategic objectives, activities over the planned years, indicators to be measured, and respective targets

| Strategic objectives | Activity | Programmes | Verifiable indicators |
|---|--|---|--|
| SO1: Ensure systematic and comprehensive collection of good SOA and critical care data | 1.1 To identify missing, core SOA and critical care indicators | | |
| | | 1. Map out the SOA indicators | A set of core indicators for SOA approved by MoHSS |
| | | 2. Review, and where needed develop, contextually appropriate tools for collecting missing indicators | List of tools for indicator collection approved by MoHSS |
| | | 3. Engage health information research directorate (HIRD) to incorporate indicators into DHIS2 | Proportion of SOA and critical care indicators incorporated in DHIS2 |
| | 1.2 To ensure utilisation of data collection tools at all service points | | |
| | | 1. Conduct annual facility assessment with WHO-SAT tool | Proportion facilities completing WHO-SAT per annum |
| | | 2. Train staff to utilise and report core indicators | Proportion facilities reporting full set of core indicators (as per checklist) |
| | | 3. Create district and regional platforms to disseminate verified data | Proportion facilities participating in regional data review |
| | 1.3 To ensure adequate capacity to capture appropriate data | | |
| | | 1. Train (and recruit) data clerks | Proportion of facilities with adequate number of data clerks |
| | | 2. Train all staff on data handling and reporting practices | Proportion of staff trained on data capturing and reporting per facility per annum |
| | | 3. Collaborate with local and international stakeholders to support data-capturing effort | Number of stakeholders engaged with documented MoUs |
| | 1.4 To implement mandatory reporting of core SOA, critical care and data indicators | | |
| | | 1. Incorporate data reporting in healthcare workers' performance agreements | Proportion facilities with incorporation of data reporting requirements into workers' performance agreements |
| | | 2. Ensure that data reporting is a requirement for annual licensing renewal for private sector facilities | Proportion of private facilities reporting SOA data |

| SO2: Strengthen data management infrastructure and data security | | | |
|--|---|---|--|
| 2.1 Identify facilities that can be used as data storage facilities | | | |
| | 1. Ensure secure record-keeping of data as per the MoHSS hospital quality standards | Number of HIS storage facilities | |
| | 2. Procure the required technology and infrastructure to support programme implementation | Proportion of facilities with required health information management systems and infrastructure | |
| 2.2 To provide personnel with the necessary skills for high-quality data management | | | |
| | 1. Train staff on data management practices | Number of staff trained in health information management per facility per year | |
| | 2. Employ IT personnel in all state hospitals | % of facilities with at least one employed IT staff member | |
| | 3. Ensure HIS personnel are recruited as per the staff establishment | Proportion of facilities with employed HIS officers recruited as per staff establishment | |
| 2.3 To adopt a HIS data protection and security policy | | | |
| | 1. Engage HIRD to incorporate existing policies | Number of engagement activities | |
| | 2. Develop and implement data security policy | Proportion of facilities with the Data Protection Policy | |
| | 3. Implement and monitor the Data Security Policy | Proportion of facilities adhering to the data protection policy, at least 80% standard | |
| 2.4 To transition from paper-based to electronic HIS | | | |
| | 1. Expand the MoHSS E-Health strategy to all levels of care | Proportion of facilities with E-health services | |
| | | Proportion facilities with electronic record-keeping (as per WHO-SAT) | |
| 2.5 To strengthen essential infrastructure for data management processes | | | |
| | 1. Provide 24/7 internet connectivity at all facilities | Proportion of facilities with internet connectivity at least 80% of the time | |
| | 2. Procurement of equipment needed for health information system operations | Proportion of facilities with HIS equipment | |

| | | | |
|---|--|--|---|
| SO3: Improve information dissemination capacity for SOA and critical care data | | | |
| 3.1 To train staff across all cadres on data analysis and interpretation | | | |
| | 2. Training on data analysis and interpretation | | Number of healthcare workers trained on data analysis per facility |
| 3.2 To create district and regional platforms to disseminate verified data | | | |
| | 1. Incorporate SOA data review into the existing platforms at the district and regional levels | | Proportion of facilities with platforms for data review |
| 3.3 To ensure regular feedback from national level on the data that is submitted | | | |
| | 1. Publish annual national NSOAP report | | Annual report published |
| SO4: Develop telemedicine services for emergency, critical and SOA care | | | |
| 4.1. To create a plan for telemedicine programmes | | | |
| | 1. Conduct situational analysis and recommendations of potential telemedicine strategies for SOA and critical care | | Telemedicine situational analysis and recommendations approved by MoHSS |
| | 2. Implement telemedicine programmes according to recommendations | | Proportion of health facilities with functional telemedicine services |
| | 3. Develop a guideline for SOA telemedicine implementation | | Proportion of facilities with guideline on telemedicine available |
| SO5: Improve QI practices related to emergency, critical and SOA care | | | |
| 5.1. To strengthen QI practices related to critical and SOA care | | | |
| | 1. Establish operational SOA QI committees | | Proportion of facilities with active QI committee |
| | 2. Conduct regular QI training for all staff | | Proportion of staff trained in QI |
| 5.2 To integrate SOA services into existing audit systems | | | |
| | 1. Conduct monthly patient record audit as per the hospital quality standards | | Proportion of facilities with records audit reports |
| 5.3 To implement routine reporting of quality indicators related to surgery | | | |
| | 1. Establish facility and district committees to report on SOA quality indicators routinely | | Proportion of facilities with functional SOA outcomes review committee |

| | | | |
|---|--|---|--|
| | | 2. Routine review of SOA, emergency and critical care provision and outcomes at regular morbidity and mortality meetings | Proportion of facilities conducting regular morbidity and mortality meetings for SOA, emergency and critical care services |
| SO6: Improve research and audit capacity | | | |
| | 6.1 To increase research capacity at all facilities | | |
| | | 1. Provide ethics and research training to all staff | Proportion of facilities conducting operational research and ethics training |
| | | 2. Collaborate with health training institutions to support SOA and critical care-related research activities. | Number of research projects/publications per facility per year |
| | | 3. Collaborate with local and international training institutions to support academic research and higher degree programmes | Number of higher degree research projects conducted per facility per year |
| | 6.2 To decentralise research ethics review activities | | |
| | | 1. Appoint an ethics review committee at the district and regional levels. | Proportion of facilities with functional research ethics review committee. |
| *Abbreviations: MoU (memorandum of understanding); PPHRD (policy planning and human resource development); HIS (health information system) | | | |

Table 13: Essential critical, emergency and SOA care capacity goals by hospital level of care

| Thematic goal/indicator | Health centre | District | Regional | Tertiary/academic |
|--|--|--|---|---|
| Caesarean section/ emergency obstetric and new-born care (EmONC) | Robust stabilisation and referral procedures | 100% capacity for emergency care (24/7) | 100% capacity (24/7) | 100% capacity (24/7) |
| Critical care capacity | - | TBD | 100% HDU capacity, limited ICU capacity | 100% ICU capacity |
| Anaesthesia capacity | - | 100% capacity for emergency care (24/7) | 100% capacity (24/7) to provide emergency and expanded essential services | 100% capacity (24/7) to provide emergency services and essential services |
| Emergency surgery, trauma surgery and orthopaedics | Robust stabilisation and referral procedures | 100% capacity (24/7) to provide emergency services | 100% capacity (24/7) to provide emergency and expanded essential services | 100% capacity (24/7) to provide emergency and essential services |

CHAPTER 4: MONITORING AND EVALUATION FRAMEWORK

4.1. Overview

Monitoring and evaluation (M&E) of the implementation and costing frameworks will be conducted through existing and new strategies focused on improving and maintaining the quality of healthcare in Namibia. The concept of integration is a fundamental aspect of NSOAP implementation and will allow for ongoing health systems strengthening across a variety of sectors. The Namibia NSOAP M&E Framework will be integrated and aligned with the NQPS for the next five years.

4.2. M&E metrics

The M&E framework will utilise the following metrics to benchmark progress and identify (address and respond to) barriers to NSOAP implementation on an ongoing basis:

- *NSOAP Indicators*
- *Access to SOA care*
- *Case volume per 100,000 population*
- *SAOD*
- *POMR*
- *Protection from impoverishment*
- *Examples of additional verifiable indicators (Table 14)*
- *Facility level essential equipment and infrastructure for SOA care (using WHO-SAT for Namibia)*
- *Monitor percentage of SSIs reported by both public and private health-care facilities (NQMSP Objective 2.2.3)*
- *Evaluation of implementation of WHO surgical safety checklist (NQMSP objective 3.4): Number/percentage of hospitals using the WHO surgical safety checklist*

4.3 Monitoring framework process

MoHSS QAD is responsible for the coordination and governance of the NSOAP monitoring and review process. The MoHSS QAD will utilise a combination of routinely collected health data and the NSOAP indicators above to monitor implementation on a regular basis. These indicators will be collected and reported at a frequency described in Table 14.

4.4 Evaluation framework indicators

This framework consists of:

Indicator definitions and targets

Review framework and feedback

Timeline for review

Tools for review: WHO-SAT; ORECS; national hospital quality standards [45]

Table 14: M&E framework for Namibia NSOAP

| Verifiable indicator | Indicator definition | Baseline value | Data source | Type of feedback | Frequency | 2023 | 2024 | 2025 | 2026 |
|--|---|----------------|-----------------|------------------------------------|-----------|------|------|------|------|
| DOMAIN 1: INFRASTRUCTURE AND EQUIPMENT | | | | | | | | | |
| <i>SO1: Ensure all DHs (DHs) and above have upgraded infrastructural capacity to effectively respond to emergency, critical and operative care</i> | | | | | | | | | |
| Proportion of DHs and above with designated operational recovery areas | Numerator: Total number of DHs and above with designated operational recovery in the country. | 60% | SAT report | Report, support supervisory visits | Annually | 100% | 65% | 75% | 85% |
| | Denominator: Total number of DHs and above in the country | | | | | | | | |
| Proportion of hospitals with revised theatre manuals that reflect current needs | Numerator: Total number of hospitals with revised theatre manuals that reflect current needs in the country | 0% | Internal review | Report, support supervisory visits | Annually | 100% | 100% | 100% | 100% |
| | Denominator: Total number of hospitals in the country | | | | | | | | |
| Proportion of intermediate hospitals with paediatric operating theatres | Numerator: Total number of intermediate hospitals with paediatric OTs in the country | 0% | Round table | Report, support supervisory visits | Annually | 100% | 10% | 25% | 50% |
| | Denominator: Total number of intermediate hospitals in the country | | | | | | | | |
| Proportion of hospitals with operational ICUs | Numerator: Total number of hospitals with operational ICUs in the country | 12% | SAT report | Report, support supervisory visits | Annually | 100% | 20% | 40% | 65% |
| | Denominator: Total number of hospitals in the country | | | | | | | | |

| | | | | | | | | | |
|--|---|-----|-------------|--------|----------|------|-----|------|------|
| Percentage of surgical beds available | Numerator: Total number of surgical beds available in the country Denominator: Total number of surgical beds required in the country | 56% | SAT report | Report | Annually | 100% | 60% | 70% | 80% |
| Proportion of hospitals with functional theatre table | Numerator: Total number of hospitals with functional theatre table in the country Denominator: Total number of hospitals in the country | 50% | SAT report | Report | Annually | 100% | 60% | 70% | 80% |
| Proportion of hospitals with functional CSSD | Numerator: Total number of hospitals with functional CSSD in the country Denominator: Total number of hospitals in the country | 90% | SAT report | Report | Annually | 100% | 95% | 100% | 100% |
| Proportion of hospitals with functional defibrillator | Numerator: Total number of hospitals with functional defibrillators in the country Denominator: Total number of hospitals in the country | 5% | Round table | Report | Annually | 100% | 25% | 50% | 75% |
| Proportion of hospitals with functional diathermy machine | Numerator: Total number of hospitals with functional diathermy machines in the country Denominator: Total number of hospitals in the country | 5% | Round table | Report | Annually | 100% | 25% | 50% | 75% |
| Proportion of hospitals with up-to-date, written maintenance plans | Numerator: Total number of hospitals with up-to-date maintenance plan in the country Denominator: Total number of hospitals in the country | 0% | Round table | Report | Annually | 100% | 90% | 100% | 100% |

| | | | | | | | | | |
|---|---|-----|-------------|--------|-----------|------|-----|------|------|
| Proportion of hospitals with operational maintenance departments | Numerator: Total number of hospitals with operational maintenance departments in the country Denominator: Total number of hospitals in the country | 50% | Round table | Report | Quarterly | 100% | 75% | 100% | 100% |
| Maintenance funds allocated on annual budgetary appropriation | Numerator: Total number of hospitals with maintenance budgetary allocation in the country Denominator: Total number of hospitals in the country | 0% | Round table | Report | Annually | 100% | 50% | 75% | 100% |
| CT scanners installed at each intermediate hospitals and above | Numerator: Total number of intermediate hospitals and above with operational CT scanners in the country Denominator: Total number of intermediate hospitals and above in the country | 50% | SAT report | Report | Annually | 100% | 75% | 100% | 100% |
| MRI scanners installed at tertiary (Windhoek Central Hospital) and all intermediate hospitals | Numerator: Total number of MRI scanners installed Denominator: Total number of MRI scanners needed at tertiary and intermediate hospitals in the country | 0% | SAT report | Report | Annually | 100% | 25% | 50% | 75% |
| Proportions of hospitals with functional X-Ray Machines | Numerator: Total number of hospitals with operational X-Ray Machines in the country Denominator: Total number of hospitals in the country | 50% | SAT report | Report | Annually | 100% | 60% | 70% | 80% |

| | | | | | | | | | |
|---|--|-----|--|--------|-----------|------|-----|-----|------|
| Proportion of hospitals with functional ultrasound machines | Numerator: Total number of hospitals with operational ultrasound machines in the country Denominator: Total number of Hospitals in the country | 50% | SAT report | Report | Annually | 100% | 60% | 70% | 80% |
| Proportion of hospitals with functional mammogram machines | Numerator: Total number of health facilities with operational mammogram machines in the country Denominator: Total number of health facilities in the country | 5% | Round table | Report | Annually | 50% | 15% | 25% | 35% |
| Domain 2: Soa Workforce | | | | | | | | | |
| SO1: Create new positions for qualified emergency, critical and operative care providers in SOA services | | | | | | | | | |
| SOA workforce needs assessment tool developed (modified WISN) | WISN Tool modified to include emergency, critical, SOA care and perioperative nursing health workforce information | TBD | MoHSS report, SOA modified WISN | Report | Annually | 100 | | | 100% |
| Proportion of facilities using the WISN tool | Numerator: Total number of health facilities assessed using the SOA modified WISN tool Denominator: Total number of health facilities | TBD | SOA, modified WISN assessment report | Report | Quarterly | 100 | | | 100% |
| Number of SOA positions submitted for inclusion into the facility HRH recruitment plan | Total number of SOA staff positions created at each health facility and included in the annual HRH recruitment plan | TBD | MoHSS HRH directorate, annual recruitment plan report, WHO-SAT | Report | Annually | 100 | | | 100% |

| | | | | | | | | |
|---|--|------------------------|---|--|------------------------------|------|----|----|
| Revised SOA staff establishment submitted at the PSC for approval | SOA staff positions created at each health facility included in the staff establishment and submitted to the PSC for approval | TBD | MoHSS HRD Directorate, staff establishment submission document, HRH submission | Report | Annually | 100 | | |
| Modified checklist of infrastructure for SOA care established | Modified checklist utilised | * | WHO-SAT, hospital quality standards | Report | Annually | 100 | | |
| Proportion of facilities meeting standard for functional infrastructure and equipment needed to provide SOA care | Numerator: Total number of facilities meeting standard of 80% or above for having functional essential SOA and critical care infrastructure Denominator: Total number of facilities | *(baseline assessment) | WHO-SAT | Report | | TBD | | |
| SO 2: Train and recruit adequate and qualified healthcare workers to provide safe SOA services for all regions | | | | | | | | |
| *SOA workforce density | Numerator: Total Number of SOA providers Denominator: Total population, multiplied by 100,000 | 11,5 | MoHSS HRD recruitment report, MoHSS HRD annual report, HRM report; WHO-SAT tool | Report (facility, regional national); human resource forum - annual plan review; HRM report; HRD | Monthly, quarterly, annually | 11,5 | 15 | 17 |
| | Specialist surgeons/100,000 population | 1,87 | | | | | | 20 |
| | Specialist anaesthetists/100,000 population | 0,68 | | | | | | |
| | Specialist obstetricians & gynaecologists/100,000 population | 1,47 | | | | | | |

| | | | | | | | | | |
|--|---|---------|---|-------------------------|-------------------|-----|-------------|------|------|
| | Intermediate Emergency Responders/ 100,000 | unknown | | | HR report meeting | | incremental | | |
| | Maternal sonographers/100,000 | unknown | | | | | | | |
| | Radiographers/100,000 | unknown | | | | | | | |
| Proportion of training programmes accredited | Numerator: Total number of training programmes accredited by the HPCNA Denominator: Total number of programmes submitted for accreditation | 40% | Report from HPCNA | Report | Annually | 100 | 100 | 100% | |
| SO3: Ensure equitable distribution and retention of available specialised qualified emergency, critical and operative care providers | | | | | | | | | |
| Remote service programme implemented | Remote Service Programme Bill passed in parliament and implemented | 0 | MoHSS HRD directorate retention report | Report (HRH submission) | Annually | 100 | | 100% | |
| Proportion of SOA providers retained | Numerator: Total number of SOA retained at healthcare facilities Denominator: Total number of providers recruited and placed at facilities in need | 0 | MoHSS HRD directorate, retention report | Report (HRH submission) | Annually | 25% | 50% | 75% | 100% |

| | | | | | | | | | |
|--|---|---------|---|---|---|-----|-----|-----|------|
| Number of MoUs on SOA HRH PPP signed | Number of MoUs on SOA signed between the MoHSS hospitals and partners | * | MoU report | Report | Annually | 25% | 50% | 75% | 100% |
| Number of SSV conducted per region/facility | Number of SSVs conducted in each region/facility out of total visits planned | * | SSV report | Report | Annually | 100 | 100 | 100 | 100 |
| SOA TWG established | SOA TWG established | * | TOR | Report | Annually | 25% | 50% | 75% | 100% |
| Namibian Centre for Global Surgery established | <i>Namibian Centre for Global Surgery</i> established in collaboration with multiple stakeholders (academic institutions, professional associations, NGOs) local & international partners | 0 | Namibian Centre for Global Surgery registration certificate | Report | Bi-annually | | | | - |
| DOMAIN 3: SERVICE DELIVERY AND SUPPLIES | | | | | | | | | |
| SO1: Ensure all operating theatres, emergency care and critical care spaces deliver effective and efficient services. | | | | | | | | | |
| Facility functional OT density | Numerator: Total number of functional OTs Denominator: Total number of OTs at facility | 97% | Hospital reports | annual plan review | Quarterly, annually | 60% | | | |
| Proportion hospitals with functional OTs | Numerator: Total number of facilities with functional OTs Denominator: Total number of facilities | 50% | Hospital annual reports, WHO-SAT | Annual plan review, theatre users committee plan review | Annually (district); quarterly (national) | 60% | | | |
| Number of operational critical care beds per facility | Total number of critical care beds per facility | Unknown | Hospital reports, WHO-SAT | Annual plan review, stock-takings | Quarterly, annually | TBD | | | |

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|---|--|---------|---|---|------------------------------|-----|--|--|--|
| Proportion of facilities meeting OT service standard | Numerator: Total number of hospitals with OT service element score of 80% or above Denominator: Total number of facilities | Unknown | Hospital reports | Theatre users committee and annual report | Quarterly, annually | TBD | | | |
| Proportion of facilities meeting stock level score standard | Numerator: Total number of facilities with stock level score of 80% or above Denominator: Total number of facilities | Unknown | Pharmacy E-reports | Pharmaceutical committee meeting, stock-taking, pharmaceutical review meeting | Monthly, quarterly, annually | TBD | | | |
| Proportion of facilities providing high quality medical air (above 96% purity) | Numerator: Total number of facilities providing high quality medical air (above 96% purity) Denominator: Total number of facilities | 50% | Hospital reports | Annual plan review; | Annually | 75% | | | |
| Proportion of facilities providing CPD training, for the minimum CPD requirement | Numerator: Total number of facilities providing CPD training Denominator: Total number of facilities | 50% | | Performance agreement | Quarterly, annually | 60% | | | |
| SO2: Provide timely, equitable, access to quality SOA and critical care services | | | | | | | | | |
| *Surgical case volume | *Total procedures performed in theatre per year/100,000 population | 4,785 | Theatre registry, theatre annual report, WHO-SAT, HIS | Theatre users committee (facility, district and national level); HIS | Quarterly, annually | TBD | | | |
| | Total number of caesarean sections per 100,000 per year | Unknown | | | | TBD | | | |

| | | | | | | | | | | |
|--|---|---------|----------------------------|---|------------------------------|--|-------------|--|--|--|
| | Total number of external fixation procedures per 100 000 per year | Unknown | | | | | TBD | | | |
| | Total number of laparotomies per 100,000 per year | Unknown | | | | | TBD | | | |
| | Total number of paediatric surgery procedures per 100,000 per year | Unknown | | | | | TBD | | | |
| Trauma and injury service density | Numerator: Total number of patients who receive acute management for trauma and injury at a facility Denominator: Total number of patients seen in emergency departments | Unknown | Hospital registry | DCC, district data review meetings, hospital management committee | Monthly, quarterly, annually | | TBD | | | |
| Proportion of facilities utilising the electronic OT data-capturing tool | Numerator: Total number of facilities utilising the electronic OT data Denominator: Total number of facilities | Unknown | Hospital report, E-report | Theatre users committee report | Monthly, quarterly, annually | | TBD | | | |
| Proportion of patients referred for SOA care | Numerator: Total number of patients referred for SOA to higher level of care Denominator: Total number of referrals to higher level of care (per year) | Unknown | Hospital referral registry | Health facilities meetings | Quarterly, annually | | decremental | | | |
| Proportion of patients referred for critical care/100,000 per year | Numerator: Total number of patients referred for critical care; Denominator: Total number of referrals to higher level of care (per year) | Unknown | Hospital referral registry | Health facilities meetings and referral registers | Quarterly, annually | | Decremental | | | |

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|--|--|---------|--|------------------------------|------------------------------|-------------|--|--|
| Proportion of functional ambulances per facility (*total number of ambulances) | Numerator: Total number of functional ambulances at facility Denominator: Total number of ambulances per facility | Unknown | Fleets report system | Transport committee meetings | Monthly | Incremental | | |
| Proportion of women screened for cervical cancer (with pap smear) per year | Numerator: Total number of pap smears Denominator: Total number of women eligible for screening * (per year) | | | | | | | |
| Cervical cancer incidence | Numerator: Total number of new cervical cancer diagnoses Denominator: Total number of women* (without cervical cancer) multiplied by 100,000 | Unknown | Cervical cancer screening registers, HIS | Monthly statistics reviews | Monthly, quarterly, annually | | | |
| Proportion of women screened for breast cancer per year | Numerator: Total number of women screened for breast cancer Denominator: Total number of women **eligible for breast cancer screening (aged 14-45) (per year) | Unknown | Breast cancer Screening Registers | Monthly statistics reviews | Monthly, quarterly, annually | TBD | | |
| Breast cancer incidence | Numerator: Total number of new breast cancer diagnoses; Denominator: Total number of women (without breast cancer) multiplied by 100,000 | Unknown | Breast cancer Screening Registers; | | Monthly, quarterly, annually | TBD | | |

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|--|---|------------------|---|--|------------------------------|-----------------|------------|--|
| Proportion of men screened for prostate cancer per year | Numerator: Total number of men screened for prostate cancer with PSA test Denominator: Total number of men eligible for screening (per year) | Unknown | Prostate cancer screening registry | Monthly statistic review | Monthly, quarterly, annually | Incremental | | |
| Prostate cancer incidence | Numerator: Total number of new prostate cancer diagnoses Denominator: Total number of men without prostate cancer multiplied by 100,000 | Unknown | Prostate cancer screening registers and nip reports | | Monthly, quarterly, annually | TBD | | |
| Proportion of males receiving VMMC | Numerator: Total number of VMMC performed Denominator: Total number of males eligible for VMMC multiplied by 100,000 | Unknown | VMMC registry | Special programme review meeting, facility-level reporting | Monthly, quarterly, annually | Incremental | | |
| Proportion of facilities providing clubfoot services | Numerator: Total number of facilities providing Clubfoot services Denominator: Total number of facilities | (Two facilities) | Annual plan | Annual plan review | Annually | Incremental (4) | | |
| Proportion of facilities providing maternal sonography screening | Numerator: Total number of facilities with working maternal sonographer Denominator: Total number of facilities | Unknown | HRM report, HRD | HR report meeting, staff establishment | Quarterly, annually | Incremental | (every DH) | |
| Facility maternal sonography screening service provision | Count: Total number of screening maternal sonars per facility | Unknown | Sonar statistic report | Health facility meeting | Quarterly, annually | Incremental | | |

| | | | | | | | | |
|---|--|---------|--|----------------------------|------------------------------|-------------|-----|--|
| Proportion of women referred post-maternal sonar per year to higher level of care | Numerator: Total number of women referred post-maternal sonar to higher level of care Denominator: Total number of maternal screening sonars per year | Unknown | Referral registry book, sonar statistic report | Health facility meeting | Quarterly, annually | TBD | | |
| Laboratory test result turn-around time (per facility) | *Count: average wait time for laboratory test results | Unknown | NIP database, WHO-SAT | | | TBD | | |
| Proportion of facilities with functional electronic laboratory results system | Numerator: Total number of facilities with functional electronic laboratory results system Denominator: Total number of facilities | Unknown | IMS report | Health facilities meetings | Annually | incremental | | |
| SO3 Deliver high-quality SOA and critical care services | | | | | | | | |
| Proportion of facilities meeting WHO Surgical Safety Checklist utilisation standard | Numerator: Total number of facilities utilising the WHO Surgical Safety checklist, 80% of the time Denominator: Total number of facilities | Unknown | Theatre report, file audit | Theatre users committee | Monthly, quarterly, annually | incremental | 80% | |
| Proportion of facilities with IPC service element score of at least 80% | Numerator: Total number of facilities with IPC service element score of at least 80% Denominator: Total number of facilities | Unknown | IPC report | IPC committee meeting | Monthly, quarterly, annually | Incremental | | |

| | | | | | | | | |
|--|--|---------|--|---|------------------------------|-------------|--|--|
| *Peri-operative mortality rate (POMR) | Numerator: Total all-cause mortalities, before discharge (up to 30 days), in all patients who have received any anaesthesia for a procedure in an OT Denominator: Total number of procedures, per year, (expressed as a percentage) | Unknown | Theatre registry, E-Death register; morbidity and mortality meetings | Mortality review meeting (facility, regional, national) | Monthly, quarterly, annually | Decremental | | |
| Surgical site infection (SSI) rate | Numerator: Total number of SSI Denominator: Total number of procedures performed in OTs per year | Unknown | IPC report | Infection control committee meetings | Monthly, quarterly, annually | Decremental | | |
| Proportion of facilities reporting SOA quality indicators at least 80% of the time | Numerator: Total number of facilities reporting SOA quality indicators at least 80% of the time Denominator: Total number of facilities | Unknown | Hospital report, WHO-SAT, morbidity and mortality meetings | Annual report | Monthly, quarterly, annually | Incremental | | |
| Number of staff trained in CSSD per facility | Number of staff trained in CSSD per facility | Unknown | HRM report | HR report meeting | annually | Incremental | | |
| Proportion of facilities meeting CCSD service standard | Numerator: Total number of facilities with CCSD service element score of 80% or above Denominator: Total number of facilities | | | | | | | |
| Proportion of facilities with functional CSSD equipment | Numerator: Total number of facilities with functional CSSD equipment Denominator: Total number of facilities | Unknown | Hospital report, annual plan | Annual plan review | Annually | Incremental | | |

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|--|---|---------|---|---------------------------------------|------------------------------|-------------|------|------|
| Proportion of staff trained in leadership and health system management | Numerator: Total number of staff trained in leadership and health system management Denominator: Total number of staff complement | Unknown | HRM report (facility, regional, national level) | HR report meeting | Quarterly, annually | Incremental | | |
| Proportion of facilities with operational Customer Care offices | Numerator: Total number of facilities with operational customer care offices Denominator: Total number of facilities | Unknown | Health facility report | RMT meeting | Monthly | Incremental | | |
| Proportion of facilities meeting Customer survey satisfaction rate standard | Numerator: Total number of facilities with customer satisfaction rate score at 80% or above Denominator: Total number of facilities | Unknown | Customer satisfaction survey report | RMT meeting | Monthly, quarterly, annually | Incremental | | |
| SO4: Protect patients from impoverishing direct, indirect and direct non-medical costs of SOA and critical care | | | | | | | | |
| Proportion of facilities reporting patient incurred costs for SOA care | Numerator: Total number of facilities reporting patient incurred costs (direct non-medical and indirect costs) Denominator: Total number of facilities | Unknown | Finance report | Economising meeting | Monthly, quarterly, annually | Incremental | | |
| DOMAIN 4: INFORMATION MANAGEMENT AND QI | | | | | | | | |
| SO1: Ensure systematic and comprehensive collection of good SOA and critical care data | | | | | | | | |
| A set of core indicators approved by MoHSS | Specific SOA core indicators as approved by MoHSS | 0 | WHO SAT, DHIS2 | Ministry reports, meetings, workshops | Every three years | 100% | 100% | 100% |

| | | | | | | | | | |
|--|--|---------|--|--|-----------------------|-----|------|------|------|
| List of tools for indicator collection approved by MoHSS | Specific SOA indicators collection tools as approved by MoHSS | 0 | WHO SAT, DHIS2 | Ministry reports, meetings, workshops, support supervision | Every three years | 50% | 100% | 100% | 100% |
| Proportion of SOA and critical care indicators incorporated in DHIS2 | Numerator: Number of SOA and critical care indicators incorporated in DHIS2 Denominator: Total number of SOA and critical care indicators | 0 | DHIS2 | Feedback meetings and workshop | Annually | 30% | 60% | 100% | 100% |
| Proportion facilities completing WHO-SAT per annum | Numerator: Number of facilities completing WHO-SAT per annum Denominator: Total number of facilities. | 0 | HIRD, QA Division | Feedback meetings and workshop | Annually | 50% | 70% | 90% | 100% |
| Proportion facilities reporting full set of core indicators (as per checklist) | Numerator: Number of facilities reporting all SOA indicators Denominator: Total number of facilities | 0 | DHIS2 | Data review meetings, reports, workshop | Monthly | 20% | 50% | 70% | 100% |
| Proportion facilities participating in regional data review | Numerator: Number of facilities participating in regional data reviews Denominator: Total number of facilities | 0 | Regional HIS Office, HIRD | Review meetings, workshops | Monthly and quarterly | 20% | 50% | 70% | 100% |
| Proportion of facilities with adequate number of data clerks | Numerator: Number of facilities with an adequate number of Data Clerks Denominator: Total number of facilities | Unknown | HR (regional & national), stakeholders | Reports, meetings | Annually | 50% | 70% | 90% | 100% |

| | | | | | | | | | |
|---|---|---------|---|---|-----------|-----|-----|-----|------|
| Proportion of staff trained on data capturing and reporting per facility per year | Numerator: Number of staff trained on data capturing and reporting Denominator: Total number of staff to be trained | Unknown | HR database, quality assurance database | Meetings, reports, DCC, hospital management committee | Annually | 50% | 70% | 80% | 100% |
| Proportion stakeholders engaged with documented MoUs for critical and SOA care | Numerator: Number of stakeholders engaged Denominator: Total number of stakeholders | 0 | Quality assurance, HIRD | Meetings, reports | Annually | 30% | 70% | 90% | 100% |
| Proportion facilities with incorporation of data reporting requirements into health workers' performance agreements | Numerator: Number of facilities that incorporate data reporting requirements into health workers' performance agreements Denominator: Total number of facilities | 0 | HR (regional & national) | Meetings and reports | Quarterly | 30% | 50% | 70% | 100% |
| Proportion of private facilities reporting SOA data | Numerator: Number of private hospitals reporting SOA data Denominator: Total number of private hospitals | 0 | QA Division, PPHRD | Meetings and reports | Quarterly | 30% | 50% | 70% | 100% |
| SO2: Strengthen data management infrastructure and data security. | | | | | | | | | |
| Proportion of facilities with required health information management systems (HIMS) and infrastructure | Numerator: Number of facilities with required HIMS and infrastructure Denominator: Total number of facilities | Unknown | PPHRD, Regional CAO | Meetings, reports, TSSV | Annually | 50% | 70% | 90% | 100% |

| | | | | | | | | | |
|---|--|---------|--|-------------------|----------|-----|-----|-----|------|
| Proportion of staff trained in health information management per facility per year | Numerator: Number of staff trained on health information management Denominator: Total number of staff to be trained | Unknown | HR database, QA data base | Meetings, reports | Annually | 50% | 70% | 80% | 100% |
| Proportion of facilities with at least one employed IT staff member | Numerator: Number of facilities with at least 1 employed IT staff member; Denominator: Total number of facilities | 0 | HR database, QI assurance data base, policy planning and human resource development (PPHRD), IT department | Meetings, reports | Annually | 20% | 50% | 70% | 100% |
| Proportion of facilities with employed HIS Officers recruited as per staff establishment. | Numerator: Total number of facilities with HIS officers recruited as per staff establishment Denominator: Total number of facilities | Unknown | HR (regional and national), HIRD | Meetings, reports | Annually | 50% | 70% | 90% | 100% |
| Proportion of facilities with the data protection policy | Numerator: Total number of hospitals with data protection policy Denominator: Total number of hospitals | 0 | District HIS, SAO, CAO | Meetings, reports | Annually | 20% | 50% | 70% | 100% |
| Proportion of facilities adhering to the data protection policy, at least 80% standard | Numerator: Total number of hospitals adhering to the data protection policy, at least 80% standard Denominator: Total number of hospitals | 0 | QA division, DCC & RMT | Meetings, reports | Annually | 20% | 50% | 70% | 100% |

| | | | | | | | | | |
|--|--|-------------------------|---------------------------|-------------------|----------|-----|------|------|------|
| Proportion of facilities with E-Health services | Numerator: Total number of hospitals with E-Health services; Denominator: Total number of hospitals | 0 | PPHRD, DCC & RMT | Meetings, reports | Annually | 10% | 30% | 60% | 90% |
| Proportion of facilities with electronic record-keeping (as per WHO-SAT) | Numerator: Number of hospitals with electronic record-keeping (as per WHO-SAT) Denominator: Total number of hospitals | Unknown (check WHO SAT) | PPHRD, DCC & RMT | Meetings, reports | Annually | 10% | 30% | 60% | 90% |
| Proportion of facilities with internet connectivity at least 80% of the time | Numerator: Total number of hospitals with internet connectivity at least 80% of the time Denominator: Total number of hospitals | (check WHO SAT) | PPHRD, DCC & RMT | Meetings, reports | Annually | 80% | 100% | 100% | 100% |
| SO3: Improve information dissemination capacity for SOA and critical care data. | | | | | | | | | |
| Proportion of healthcare workers trained on data analysis per facility | Numerator: Total number of staff trained on data analysis per facility Denominator: Total number of staff to be trained | Unknown | HR database, QA data base | Meetings, reports | Annually | 10% | 30% | 60% | 90% |
| Proportion of districts with platforms for SOA data review | Numerator: Total number of Districts with platforms for SOA data review Denominator: Total number of districts | 0 | DDC & RMT | Meetings, reports | Annually | 20% | 50% | 70% | 100% |

| | | | | | | | | | |
|--|--|---------|--------------------------------------|--|----------|-----|------|------|------|
| Annual SOA report published | Annual SOA report | 0 | QA Division, Stakeholders | Meetings, workshop, conferences, reports | Annually | 0% | 100% | 100% | 100% |
| SO4: Develop telemedicine services for emergency care, critical care, and SOA care. | | | | | | | | | |
| Telemedicine situational analysis and recommendations approved by MoHSS | Telemedicine situational analysis report | 0 | QA Division, Stakeholders | Meetings, workshop, conferences, reports | Annually | 0% | 100% | 100% | 100% |
| Proportion of health facilities with functional telemedicine services | Numerator: Total number of hospitals with functional telemedicine services Denominator: Total number of hospitals | 0 | PPHRD, HIRD, DCC & RMT, stakeholders | Meetings, reports | Annually | 10% | 20% | 30% | 40% |
| Proportion of facilities with guideline on telemedicine available | Numerator: Total number of hospitals with guideline on telemedicine Denominator: Total number of hospitals | 0 | PPHRD, HIRD, DCC & RMT, stakeholders | Meetings, reports | Annually | 0% | 50% | 70% | 100% |
| SO5: Improve QI practices related to emergency, critical and SOA care | | | | | | | | | |
| Proportion of hospitals with active QI committee addressing SOA activities. | Numerator: Total number of hospitals with active QI committees addressing SOA activities Denominator: Total number of hospitals | 0 | DCC & RMT, QA division | Meetings, reports | Annually | 30% | 50% | 70% | 100% |
| Proportion of staff trained on QI | Numerator: Total number of staff trained on QI Denominator: Total number of staff to be trained | Unknown | HR database, QA database | Meetings, reports | Annually | 30% | 50% | 70% | 90% |

| | | | | | | | | | |
|--|--|---------|------------------------------|-------------------|-----------------------|-----|-----|-----|------|
| Proportion of facilities with records audit reports | Numerator: Total number of hospitals with monthly record audit reports Denominator: Total number of hospitals | 0 | DCC & RMT, QA division | Meetings, reports | Quarterly | 20% | 50% | 70% | 100% |
| Proportion of regions with the research ethics review committee | Numerator: Total number of regions with research ethics review committee Denominator: Total number of regions | 0 | DCC & RMT, QA division | Meetings, reports | Annually | 0% | 20% | 30% | 40% |
| Proportion of facilities conducting regular morbidity and mortality meetings for SOA, emergency and critical care services | Numerator: Total number of hospitals conducting morbidity and mortality meetings for SOA, emergency and critical care services Denominator: Total number of hospitals | Unknown | DCC & RMT, QA division | Meetings, reports | Monthly and quarterly | 40% | 60% | 70% | 100% |
| SO6: Improve research and audit capacity | | | | | | | | | |
| Proportion of facilities conducting operational research | Numerator: Total number of hospitals conducting operational research Denominator: Total number of hospitals | 0 | DCC & RMT, HIRD, QA division | Meetings, reports | Annually | 0% | 20% | 30% | 50% |
| Proportion of facilities with research publications per year | Numerator: Total number of hospitals with research publications per year Denominator: Total number of hospitals | 1 | DCC & RMT, HIRD, QA division | Meetings, reports | Annually | 0% | 20% | 30% | 50% |
| *Lancet commission on global surgery core indicators | | | | | | | | | |

4.5 Key Stakeholder Responsibilities

The MoHSS shall be the central coordination entity for the NSOAP. The NSOAP will be incorporated into the structure and functions of the healthcare system where the existing infrastructure to facilitate NSOAP implementation, monitoring and evaluation is. The NSOAP will be integrated into future health sector policy frameworks and the MoHSS strategic direction.

Government:

Provide leadership, coordination, resources, regulation and oversight

MoHSS:

- *Provide leadership, coordination, resources, regulation, oversight and integration of NSOAP into Namibia's Vision 2030 and the MoHSS strategic direction*
- *Respond to changing needs*
- *Iterative M&E*

Training institutions:

- *Curriculum and training development tailored to changing needs*
- *Continuous accredited CME/CPD training*
- *Mentoring services*
- *Retention strategies*

Facilities providing SOA care:

- *Engagement*
- *Compliance*
- *Review*

SOA workforce (health professionals):

- *Core SOA competencies according to international and local professional body standards*
- *CME/CPD engagement*
- *Feedback and compliance with NSOAP strategies and interventions*

International, regional and private stakeholders:

- *Support implementation plan*
- *Support review process*
- *Advocate for implementation and review*

Professional bodies and societies:

- *Regulate core competencies*
- *Advocate for SOA workforce*
- *Advocate for quality and standards of care*



CHAPTER 5: COSTING OF ACTIVITIES

5.1 Introduction

The NSOAP represents a comprehensive healthcare initiative designed to enhance surgical, obstetric, and anaesthesia services throughout Namibia. By addressing critical gaps in these domains, the plan strives to improve accessibility, as well as reduce morbidity and mortality rates associated with these healthcare areas thereby facilitating sustainable progress. This strategic initiative is slated for a five-year implementation period, incorporating both immediate and long-term objectives.

5.2 Purpose of the costing exercise

The primary goal of the cost estimation exercise for the NSOAP was to determine the financial resources necessary for the successful execution of the plan. By conducting a thorough costing analysis, both the government and relevant stakeholders can gain a comprehensive understanding of funding requirements, allocate resources effectively, and ensure the enduring viability of the plan.

5.3 Methodology

To ensure accuracy and comprehensiveness, the costing exercise employed a combination of top-down and bottom-up approaches. This process entailed collaboration between the MoHSS, healthcare experts, stakeholders, and international partners. The approach involved:

5.3.1 Costing approach

The programme costing method served as a foundation for estimating the NSOAP implementation costs. This approach entailed identifying and quantifying the activities to be costed, determining the specific inputs required for such activities, and gathering unit costs from diverse sources. Subsequently, a dedicated costing tool was developed to generate estimates of the required investment. The tool was designed to be adaptable, allowing for adjustments based on plan modifications. The following subsections provide an overview of the costing activities undertaken to formulate the cost estimates within this document.

5.3.2 Identification of cost items

The NSOAP is organised into four domains, each containing objectives, initiatives, and activities aimed at achieving those objectives. These activities formed the basis for cost items or costing units in the exercise. Approximately 34 activities under four strategic domains were identified for costing. These activities may necessitate different types of inputs for their successful execution.

5.3.3 Determining and quantification of inputs

For the activities chosen as costing units, a task force determined the type and quantity of inputs required. This decision was informed by strategic domain realisation through activity execution. Inputs were categorised into groups, which include training, meetings/workshops, supervision, equipment and infrastructure, guidelines, programme evaluation, and other relevant documents.

5.3.4 Collection of unit cost data

Unit costs for diverse inputs were sourced from various channels, including available unit cost data and consultation with MoHSS. Standards and reports provided by MoHSS were also considered. When specific costs were unavailable, data from African regional or international sources were employed. Most activity unit costs are broken down by input type, such as training, trainee per diem, transport costs, training facilitator fees, communication expenses, etc.

5.3.5 Costing assumptions

The costing exercise incorporates several assumptions. Some unit costs are based on assumptions, acknowledging that they might not precisely reflect time and location variations. Regular review and updating of assumptions are recommended throughout plan implementation.

5.3.6 Developing the costing tool and estimation of costs

Upon identifying and quantifying activities and inputs, a suitable MS Excel costing template was devised. This template facilitates the computation of activity costs and allows for adjustments. It was populated using input quantifications, assumptions, and established unit costs. The total cost of implementation can be calculated as where TC, TQ and UC denote total cost, total quantity of input and unit cost of the associated input. These costs are summed across cost types such as training, supervision, equipment, etc. All costs are calculated in local currency, and equipment depreciation is not included.

5.4 Costing summary of results

Based on the aforementioned approach, the total cost of implementing the NSOAP over the five-year period is estimated to be 1.1 billion Namibian Dollars (NAD), approximately equivalent to 61.61 million US dollars (USD) using the current exchange rate. On average, this translates to an annual investment requirement of 220 million NAD, with the minimum and maximum annual costs ranging from 112 million NAD (year five) to 327.9 million NAD (year one), respectively. Detailed annual costs, as well as investment needs under each strategic domain, objectives, and cost categories, are presented in the tables below.

Table 15: Total estimated cost under each strategic Domain (Million NAD)

| Five year cost estimation for the national NSOAP plan | | | | | | | | |
|---|---|--------------------------|--------|--------|--------|--------|-----------------------|------------|
| No | Strategic pillar | Estimated cost (million) | | | | | 5-Year estimated cost | Percentage |
| | | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | | |
| 1 | Domain 1: Infrastructure and equipment strategic objectives, activities over the planned years, indicators to be measured, and respective | 243.9 | 184.1 | 162.3 | 118.7 | 110.0 | 819.1 | 74.4% |
| 2 | Domain 2: Surgical workforce strategic objectives, activities over the planned years, Indicators to be measured, and respective target | 60.0 | 40.9 | 40.6 | 40.6 | 0.6 | 182.7 | 16.6% |
| 3 | Domain 3: Service delivery and supplies - strategic objectives, activities over the planned years, indicators to be measured, and respective targets | 1.9 | 2.1 | 2.1 | 2.1 | 1.3 | 9.7 | 0.9% |
| 4 | Domain 4: Information management - strategic objectives, activities over the planned years, indicators to be measured, and respective targets | 22.1 | 22.7 | 21.9 | 21.9 | 0.3 | 88.8 | 8.1% |
| 5 | Total cost | 327.9 | 249.8 | 226.9 | 183.3 | 112.3 | 1,100.2 | 100% |

Table 16: Total estimated cost under each strategic domain and objectives (Million NAD)

| Domain | Strategic pillar | Estimated cost (million) | | | | | 5-Year estimated cost | Percentage |
|--|--|--------------------------|--------|--------|--------|--------|-----------------------|------------|
| | | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | | |
| Domain 1 Infrastructure and equipment strategic objectives, activities over the planned years, indicators to be measured, and respective | SO1: Ensure upgraded infrastructural capacity to provide effective and efficient critical and SOA care | 241.26 | 191.33 | 162.50 | 140.27 | 110.05 | 845.42 | 76.79% |

| | | | | | | | | |
|---|--|--------------|--------------|--------------|--------------|--------------|-----------------|-------------|
| Domain 2: Surgical workforce strategic objectives, activities over the planned years, Indicators to be measured, and respective target | SO1: Create new positions for qualified emergency, critical and operative care providers in SOA services. | - | 0.80 | 0.60 | 0.60 | 0.60 | 2.61 | 0.24% |
| | SO2: Train and recruit adequate and qualified healthcare workers to provide safe SOA services for all regions | 24.98 | 14.27 | 21.41 | - | - | 60.67 | 5.51% |
| | SO3: Ensure equitable distribution and retention of available specialised qualified emergency care, critical care and operative care providers | - | - | - | - | - | - | 0.00% |
| | SO1: Ensure all operating theatres (OTs), emergency care and critical care spaces deliver effective and efficient services | 61.30 | 40.90 | 40.90 | 40.90 | 0.10 | 184.10 | 16.72% |
| Domain 3 Service delivery and supplies - strategic objectives, activities over the planned years, indicators to be measured, and respective targets | SO2: Provide timely, equitable, access to quality SOA and critical care services | 0.68 | 0.68 | 0.68 | 0.68 | 0.68 | 3.41 | 0.31% |
| | SO3 Deliver high-quality SOA and critical care services | 0.23 | 0.23 | 0.23 | 0.23 | 0.23 | 1.14 | 0.10% |
| | SO4 Protect patients from impoverishing direct, indirect and direct non-medical costs of SOA and critical care | - | - | - | - | - | - | 0.00% |
| | SO1: Ensure systematic and comprehensive collection of good SOA and critical care data | 0.19 | 1.18 | 0.60 | 0.60 | 0.60 | 3.19 | 0.29% |
| Domain 4 Information management - strategic objectives, activities over the planned years, indicators to be measured, and respective targets | SO2: Strengthen data management infrastructure and data security | - | 0.19 | - | - | - | 0.19 | 0.02% |
| | SO3: Improve information dissemination capacity for SOA and critical care data | - | 0.19 | - | - | - | 0.19 | 0.02% |
| | SO4: Develop telemedicine services for emergency care, critical care and SOA care | - | - | - | - | - | - | 0.00% |
| | SO5: Improve QI practices related to emergency, critical and SOA care | - | - | - | - | - | - | 0.00% |
| | SO6: Improve research and audit capacity | - | - | - | - | - | - | 0.00% |
| Total cost | | 328.6 | 249.8 | 226.9 | 183.3 | 112.3 | 1,100.92 | 100% |



CHAPTER 6: APPENDICES

Appendix A

Acknowledgements

Appendix B

References

APPENDIX A: ACKNOWLEDGMENTS

NSOAP Writing Group

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Dr Gabriella Hyman

Harvard Program in Global Surgery and Social Change (PGSSC):

Prof Daniel Scott Corlew

Dr Hassan Daoud

Dr Rashi Jhunjhunwala

Dr Jennifer Hon

Dr Kate Isoken Obayagbona

NSOAP Stakeholder group

Table 17: Namibian NSOAP stakeholder group as present at Namibia NSOAP Stakeholder Engagement Workshop, November 2021 (alphabetical by last name)

| NAME | FACILITY | POSITION |
|----------------------------|--|---|
| Nelago T Amagulu | Intermediate Hospital Katutura | Medical Superintendent, specialist obstetrician and gynaecologist |
| Job TK Akwaake | Keetmanshoop | Registered Nurse (RN) |
| Albertina Amupala | Intermediate Hospital Katutura | Specialist obstetrician and gynaecologist |
| Nicole Angermund | International University of Management | Lecturer/Midwifery |
| Laimi Ashipala | Directorate of Special Programmes | Chief Medical Officer |
| Mugisha Barongo | Kunene RH | Chief Medical Officer |
| Apollo Basenero | QAD MoHSS | Chief Medical Officer |
| Hassan Daoud | PGSSC | Research Associate |
| Justa de Klerk | University of Namibia (UNAM) | Lecturer/RN |
| Aina Erastus | WHO | Quality of Care Focal Point |
| Mudjanima Ester | Windhoek Central Hospital (WCH) -2WEST | RN |
| Renate Gases | Intermediate Hospital Katutura | Medical Officer (MO) |
| Fnenny Moongo | Intermediate Hospital Katutura | Senior Medical Officer (SMO) |
| Emma N Helao | National Health Training Centre (NHTC) | Control Health Programme Officer |
| Gabriella Hyman | Southern Africa Development Community's University of Witwatersrand regional collaboration centre for surgical healthcare improvement (SADC/WitSsSurg) | Research Associate |
| Frans E Indongo | Intermediate Hospital Oshakati | SMO |
| Alice Njiba Kabongo | Gobabis | SMO |
| Claudia Kambonde | Intermediate Hospital Katutura | Control Registered Nurse |
| Else Kazongominja | Gobabis | RN |
| Tekla Kulya | WCH Main Theatre | SRN |
| Kimera Lukanga | UNAM | Specialist Obstetrician and Gynaecologist |
| Emmanuel Makasa | SADC/WitSSurg | Consultant |
| Walter Makuni | Keetmanshoop | MO |
| Lilian S Masule | UNAM | Lecturer |
| Kamatuka Mercia | WCH - ICU | SRN |
| Esperanca J. van der Merwe | PHC - Family Health Division | Senior Health Programme Officer |
| Klementina Milanda | Intermediate Hospital Katutura - Acute Care | RN/Midwifery |
| Luli Rosa Mukuta | Rundu Hospital | RN/Midwifery |
| Linda M Nangombe | Intermediate Hospital Oshakati | Specialist Obstetrician and Gynaecologist |
| Pueya Nashidengo | WCH | Hepato-Pancreatico-Biliary Surgeon |
| Lusina SH Nengola | WCH - Main Theatre | EN/M |
| Hileni Ngolonga | WCH – Maternal Theatre | RN |
| Ndomba NJC | Rundu | SMO/Anaesthesia |
| Martha Ntinda | Walvis Bay District Hospital | SMO |
| Annaloice Pendura | International University of Management | Lecture Midwifery |
| Rosetta Podeweltz | WCH | Chief Human Resource Practitioner |
| Kalista Runone | UNAM | Lecturer |



| | | |
|---------------------|---|---------------------------------------|
| Saad Rwehumbiza | Onandjokwe | SMO |
| Sussana Severinus | QAD, MoHSS | Administrative Officer |
| Sarah Shalongo | WCH | Medical Superintendent, Paediatrician |
| Apronia Shihepo | Intermediate Hospital Katutura – Main Theatre | RN |
| Johannes I Shilongo | Tsandi District Hospital | MO |
| Herodia Shikongo | WCH – 3 West | Enrolled Nurse/Midwifery |
| Francina Tjituka | QAD MoHSS | Control Health Programme Officer |

Table 18: Namibian NSOAP writers' workshop group as present at Namibia NSOAP writers' workshop, December 2022 (alphabetical by last name)

| NAME | AFFILIATION | POSITION |
|------------------------|--|------------------------------------|
| Petrus Ashipala | Nursing Services, Directorate Health-Kunene Region | Chief Registered Nurse |
| Apollo Basenero | MoHSS QAD | CMO |
| Frans Enkono Indongo | MoHSS Kavango East Region | CMO |
| Aina Erastus | WHO | Quality of care focal point |
| Gabriella Hyman | WitSSurg | Research Fellow |
| Leonard Kabongo | MoHSS Erongo Region | CMO |
| Asumani Kibandwa | Oshana Health Regional Directorate | CMO |
| Emmanuel Makasa | WitSSurg | Director |
| Rosemary Mugwe | Kids Operating Room (Kids OR) | Head, Africa Operations |
| Linda Nangombe | Intermediate Hospital Oshakati | HOD Obstetrics and Gynaecology |
| Nkola JC Ndomba | Rundu Intermediate Hospital | SMO Anaesthesia/ICU |
| Kate Obayagbona | PGSSC | Research Fellow |
| Annaloice Penduka | International University of Management | Midwifery Lecturer |
| Siraji Saad Rwehumbiza | Oshikoto Region, Onandjokwe Intermediate Hospital | CMO, Acting Medical Superintendent |
| Sarah Shalongo | MoHSS Windhoek Central Hospital | Senior Medical Superintendent |
| Theresia Shivera | Medi clinic Swakopmund | Anaesthesiologist |
| Gloria Mutimbwa Siseho | United Nations Children's Fund (UNICEF) Namibia | Health specialist |
| Peregrina T Tebele | Omaheke Region | RN |
| Francina Tjituka | QAD MoHSS | Chief Health Programme Officer |

APPENDIX B: REFERENCES

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